

A close-up photograph of several autumn leaves, likely from a maple tree, showing vibrant orange and red colors. The leaves are layered and have prominent veins. The background is a soft, out-of-focus blue.

E-NEWS

Your Town, Your Community, Your News

Making Peacehaven a better place to live, work, and rest

E-NEWS

Your Town, Your Community, Your News



Ever wanted to be a Town Councillor? Find out how - Page 3
What's Going On? Upcoming Events - Pages 6 - 12
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More News On Every Page....

Your Town, Your Community, Your News



From The Desk Of The Town Clerk



The next elections for Town & District Councils will be on the 4th May 2023.

Have you ever thought about becoming a Town Councillor? If so, this is your opportunity to step forward to be selected to represent our residents in all areas that are of concern to them.

You would get involved in many areas including finance, the environment, leisure, amenities, planning and community events. Council and Committee meetings are held every six weeks.

To be a Town Councillor is not an onerous commitment and full training will be given. You would have the support of the Town Clerk, Officers and the Peacehaven Town Council Team, as well as your fellow Councillors.

Over the next few months there will be a lot of information coming out about this role. If you are interested, please let me know and I will keep you informed – or pop in for a chat about this worthwhile contribution you could make to your community.

Best Regards

Tony

Tony Allen
Town Clerk

Tel: 01273 585493



Your Town, Your Community, Your News



FROM MP, LLOYD-RUSSELL MOYLE

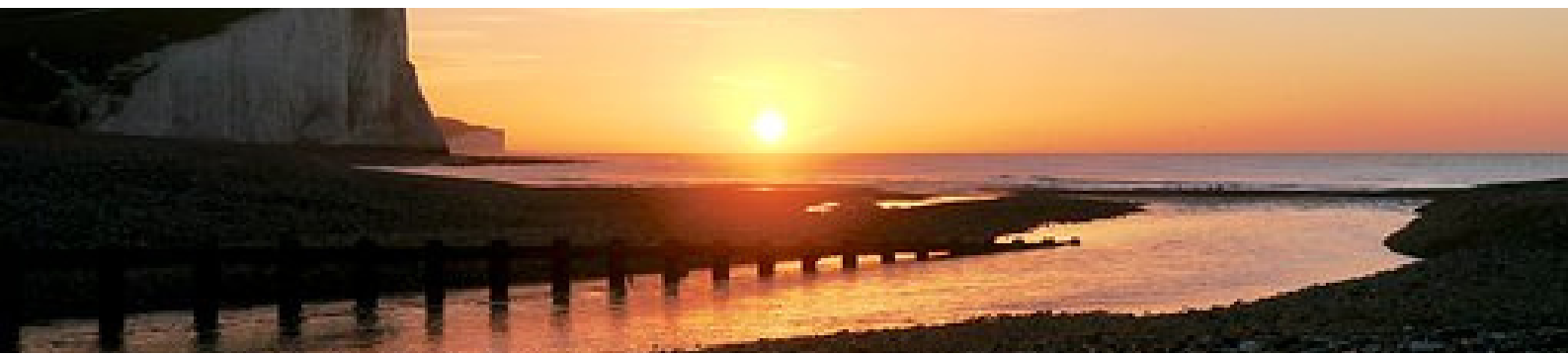
We have had one of the driest summers on record but, unfortunately, that hasn't stopped Southern Water from dumping raw sewage into our rivers and off our coast. The problem has arisen from the few storms we have had which created considerable run off which meant the network has not be able to cope and they claim they had to dump the sewage.

*New analysis has shown that over the last six years, there have been at least **1,261,498** sewage spill events. This means that on average, water companies have dumped sewage on to our beaches and into our waters every two and a half minutes.*

Rivers in England are used as open sewers. Not one river is in a healthy condition, with none meeting good chemical standards and only 14% meeting good ecological standards.

Southern Water was recently found guilty of illegally dumping sewage and fined £90 million but, while it is cheaper to pay the fine rather than fix the problem, they will continue to do so. I have been very vocal about this problem in Parliament and have met with the CEO previously.

While water bills continue to rise, the public is entitled to a proper service that doesn't involve the dumping of sewage on to our beaches.



BREAKING NEWS

The Peacehaven High Street Regeneration Feasibility Study

AS A QUALIFYING BODY, PEACEHAVEN TOWN COUNCIL, WAS AWARDED A GRANT OF £15,000 TO UNDERTAKE A FEASIBILITY STUDY OF THE RETAIL AREA ALONG THE A259, TO AID FUTURE IMPROVEMENTS.

ARCHITECTS AND PLANNING CONSULTANTS, KANER OLETTE, WERE APPOINTED TO UNDERTAKE THE FEASIBILITY WORK AND REPORT ON THEIR INVESTIGATIONS.

FURTHER TOWN PLANNING AND PROJECT MANAGEMENT SUPPORT WAS NEEDED TO ENSURE THAT THE FEASIBILITY STUDY COVERED THE MAIN ISSUES RAISED WITHIN THE DRAFT NEIGHBOURHOOD PLAN, AND THAT THE REGULAR UPDATES ARE PROVIDED FOR THE COUNCIL. TO DO THIS, L&N CONSULTING WERE APPOINTED FOR THIS PURPOSE.

PUBLIC CONSULTATION

KANER OLETTE, WILL BE HOLDING A PUBLIC CONSULTATION ON TUESDAY 27TH SEPTEMBER FROM 2:30 P.M. TO 5:30 P.M. AT COMMUNITY HOUSE TO PRESENT THEIR IDEAS ON THE PEACEHAVEN HIGH STREET REGENERATION FEASIBILITY STUDY.

ALL MEMBERS OF THE COMMUNITY ARE INVITED TO ATTEND.

FOR FURTHER INFORMATION, PLEASE CONTACT THE INFORMATION OFFICE ON 01273 585493.



There's Lots Going On At Community House - And Much More....

Afternoon Arts & Crafts



Every Monday
2 p.m. Anzac Room

Charity Coffee Mornings & Open Market

Every Friday Morning

Pop along to Community House
on a Friday Morning for the
Market and Charity Coffee



Morning
9 a.m. - 12 noon
Free Entry



Soup Kitchen

3rd Sept 2022
24th Sept 2022
12 p.m. - 2 p.m.



citizens
advice

Citizens Advice

Every Thursday
9 a.m. - 5 p.m.
By appointment
only



The Living Coast

24th September 2022
Go diving without
getting wet!
VR experience
Book online
£5 pp

Tai Chi

Every Thursday
10 a.m. Anzac Room



Badminton

Every Tuesday
1:45 p.m. Main Hall



To find out more, please pop into The Information Office or call 01273 585493

Peacehaven Town Council, in aid of the Mayor's charities and in conjunction with local community groups, presents

A day of learning about food in our

Field 2 Fork

FAMILY WORKSHOPS



**FREE
EVENT**

Saturday 10th September 2022

To avoid disappointment, we recommend you book your free tickets in advance either at the Information Desk in Community House or <https://www.ticketsource.co.uk/peacehaven-tc/t-qjjaepq>

Session 1 - 10.30am to 11.30am

Hosted by Peacehaven Horticulture Society

Join this interactive, family friendly workshop to gain hands on experience on how to grow food, winning techniques, best practices and live demonstrations. Q&A's also welcome

Session 2- 12.00pm to 13.00pm

Lets get cooking!

A session on cooking with fresh, healthy, and nutritious ingredients - many of which can be grown at home or sourced locally! Some top tips of making delicious food from scratch and a chance to get hands on and practical.

Session 3 - 13.30pm to 14.30pm

Hosted by Havens Hub

Learn, hands on, how to cook, eat and reduce food waste, how to stop food going to landfill and what to do with leftovers. Practical sessions on cooking with leftovers to produce tasty meals.



**Community House
Meridian Centre
Meridian Way
Peacehaven BN10 8BB**



www.peacehaventowncouncil.gov.uk
Tel: 01273 585493
DCCO@peacehaventowncouncil.gov.uk

Peacehaven Town Council, in aid of the Mayor's Charities and in conjunction with local community groups, presents

BARN DANCE

Saturday, 10 September 2022

Doors open: 6.00pm for 6.30pm dancing

**BYO
Drinks**

Join us for a
**Community Barn
Dance to raise
money for the
Mayor's charities**

LIVE MUSIC
from
The Aqueduct
Ceilidh
Band

**Family tickets £20 (2+2)
Adults £7.50
Children £5**

Tickets available from:

**info@peacehaventowncouncil.gov.uk, PTC Information Office
or <https://www.ticketsource.co.uk/peacehaven-tc/t-avvvggz>
(booking fees may apply)**

**Ticket Incl
Food**

Raffle



**Community House, Meridian Centre, Meridian Way
Peacehaven, BN10 8BB**

www.peacehaventowncouncil.gov.uk Tel: 01273 585493





FITNESS DAY

The Hub, Piddinghoe Ave, Peacehaven, BN10 8RJ.

Sunday 18th September 2022

To kick off National Fitness Week, Peacehaven Town Council are offering a day of FREE fitness class taster sessions.

10:00 - 10:45	KIDS KICKBOXING WITH STEF MULLINS	KICKBOXING INTRODUCTORY SESSION FOR JUNIORS - FITNESS, SKILL, AND DISCIPLINE.
11:00 - 11:45	YOGA WITH THANKFULFLOW YOGA	A HATHA FLOW YOGA CLASS SUITABLE FOR ALL LEVELS INCLUDING BEGINNERS
12:00 - 12:45	SEATED FITNESS WITH WAVE LEISURE	IMPROVE STRENGTH, MOBILITY AND CONFIDENCE TO GREAT MUSIC WHILST SEATED
13:00 - 13:45	STRETCHING WITH CHRIS ODLE	STRETCHING & STRENGTH MINDFULNESS & BREATH
14:00 - 14:45	PIYO WITH RBFITTRAINING	MUSCLE-SCULPTING, CORE-FIRMING BENEFITS, STRENGTH AND FLEXIBILITY
15:00 - 15:45	CARDIOBOX WITH RBFITTRAINING	A FULL BODY WORKOUT SUITABLE FOR ALL ABILITIES - MIX OF MARTIAL ARTS & AEROBICS

No booking required - just show up!

Spaces available on a first-come-first-served basis

Wave Leisure will be celebrating National Fitness day (21st Sept) with:



- Free Gym tours, with a free gym session after.
- Functional fit taster sessions at 12pm and 1pm.
- 30 minutes sessions for 11years onwards.
- Free 5-day pass for everyone who visits.*

Visit www.waveleisure.co.uk for more information

*16+ only, 11-15 years Free swim pass



Peacehaven Town Council,
in aid of the Mayor's Charities,
presents

BINGO

Wednesday 21st September 2022

2-4pm

**Main Hall, Community House, Meridian
Centre, Peacehaven, BN10 8BB**

**Free
Refresh-
ments**

**£4
8
Games**

**Snowball
& Flyer
Games**

**Cash
Prizes**

21

89

47

1

76

65

52

11

7

13

55

5

17

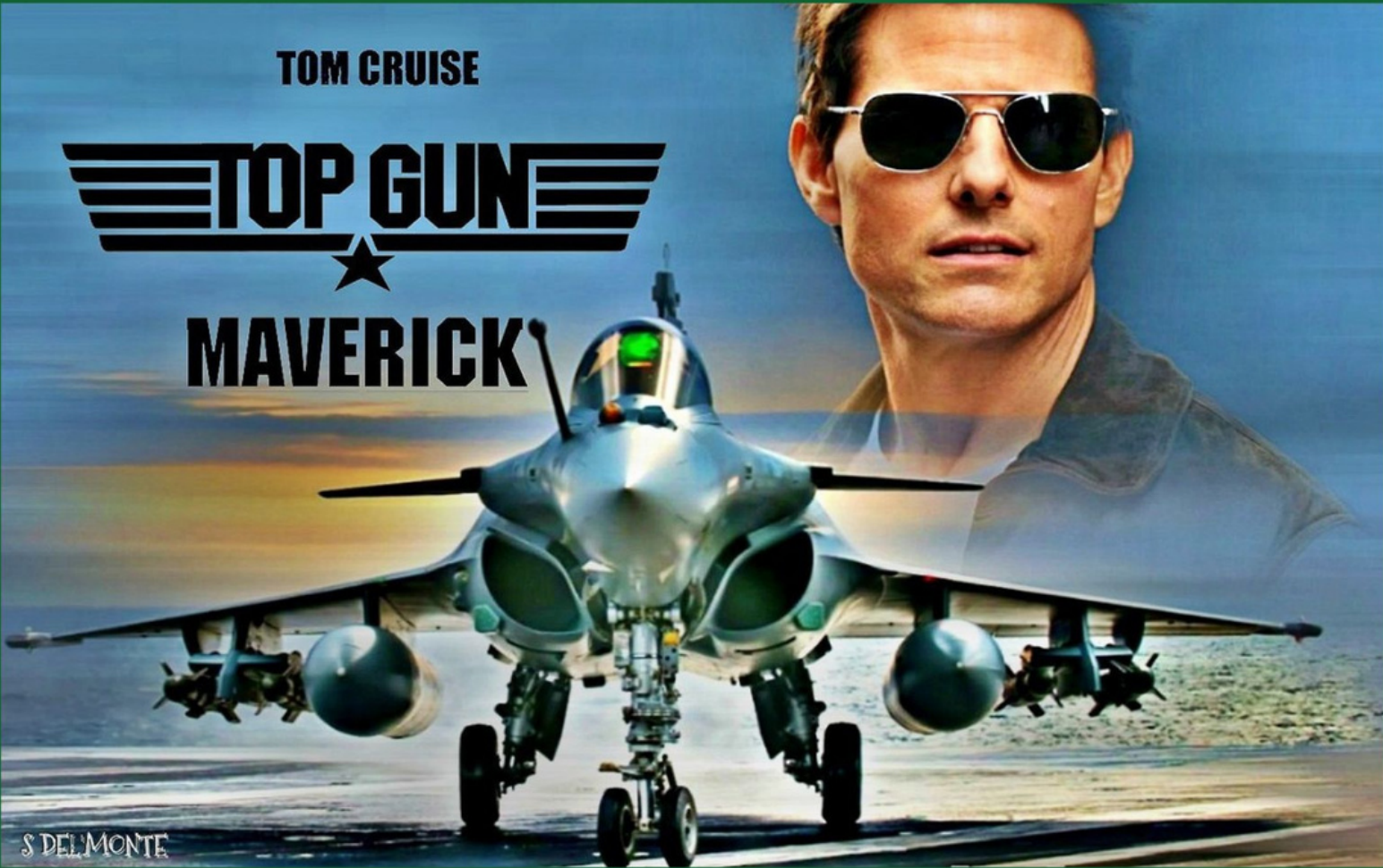


Peacehaven Town Council
presents
our next cinema showing

TOM CRUISE

TOP GUN

MAVERICK



After more than thirty years of service as one of the Navy's top aviators, Pete Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him.

Wednesday 21st September 2022

7.30pm in the Main Hall

Price: £7.00

**Tea
& Coffee
Available**

**Ice
Cream
Available**

Community House, Meridian Centre,
Meridian Way, Peacehaven, BN10 8BB
Tickets are available from the Information Office or
info@peacehaventowncouncil.gov.uk or
www.cinemobile.uk
Tel: 01273 585493



Peacehaven Town Council,
in aid of the Mayor's Charities,
presents



8th October 2022
7.30pm

Tickets available from:

info@peacehaventowncouncil.gov.uk

or www.ticketsource.co.uk/peacehaven-tc/t-avvvero

(booking fees may apply. An additional £2 per ticket will be charged for tickets on the night)

Price:

Adult £10.00

Junior £9.00

Family (2+2) £36.00

Sponsored by



Community House, Meridian Centre,
Meridian Way, Peacehaven, BN10 8BB
www.peacehaventowncouncil.gov.uk
Tel: 01273 585493



FRIENDS OF PEACEHAVEN & TELSCOMBE LIBRARY

Friends of Peacehaven and Telscombe Library group (FOPTL) was set-up to preserve our current and essential Library services.

This group was founded at a public meeting held last November to discuss the plans by East Sussex County Council (ESCC) to move the Library from its current location in The Meridian Centre to The Joff Youth Centre.

We heard from ESCC in May that pending the purchase and planned development of The Meridian Centre site by Morrisons, decisions on the location of the Library had not yet been finalised. This is good news as our present Library will therefore remain open until works begin, which at present are due to start on the site in early 2024.

We are continuing to work with the Town Councils to get the best services for our residents.

**PLEASE FEEL FREE TO CONTACT US VIA FRIENDSPCEHAVENTCLIFFSLIBRARY@GMAIL.COM
- OR VISIT US ON FACEBOOK AT PEACEHAVENTELSCOMBELIBRARYFRIENDS**



PEACEHAVEN TOWN COUNCIL INSTALLS SEDUM-ROOFED GREEN BUS SHELTER - COUNCIL CONTINUES ITS COMMITMENT TO BE NET ZERO CARBON BY 2030

PEACEHAVEN IS FULL OF NATURAL BEAUTY - FROM THE STUNNING BACKDROP OF THE SOUTH DOWNS NATIONAL PARK, THE SWATHING RICH COUNTRYSIDE AND BEAUTIFUL COASTAL BEACHES AND VISTAS; IT IS A TOWN TO BE SUSTAINED NOT ONLY FOR TODAY'S COMMUNITY, BUT FOR FUTURE GENERATIONS TO COME.

TO HELP MAKE THIS A REALITY, PEACEHAVEN TOWN COUNCIL COMMITTED TO WORK TOWARDS THE TOWN BECOMING NET ZERO CARBON BY 2030 AND IS MAKING PROGRESS. NOT ONLY THROUGH WORKING WITH LOCAL BUSINESSES AND RESIDENTS TO HELP CUT EMISSIONS, PROMOTING SUSTAINABLE ENERGY, UNDERTAKING ENVIRONMENTALLY FRIENDLY PRACTICES AND INITIATIVES, BUT ALSO BY INSTALLING THE TOWN'S FIRST GREEN BUS SHELTER, COMPLETE WITH A SEDUM (A GENUS OF THE CRASSULACEAE FAMILY OF SUCCULENT PLANTS) ROOF.

THE 'GREEN' BUS SHELTER HAS JUST BEEN INSTALLED ON SUTTON AVENUE THANKS TO THE PERSEVERANCE AND HARD WORK OF VICKY ONIS, THE COUNCIL'S COMMITTEES AND ASSISTANT PROJECTS OFFICER.

DESPITE VALIANT EFFORTS TO MAINTAIN THE OLD BUS SHELTER, TIME AND WEATHER TOOK ITS TOLL AND THE STRUCTURE HAD BECOME SEVERELY RUSTY AND DEEMED BEYOND REPAIR AT ITS LAST INSPECTION. VICKY TOOK ON THE PROJECT AND, THROUGH SECURING FUNDING FROM THE COMMUNITY INFRASTRUCTURE LEVY (CIL), WAS ABLE TO ARRANGE FOR THE NEW, LARGER 'GREEN' SHELTER TO BE PROCURED AND INSTALLED.

"THE NEW SHELTER HAS TWO ENTRANCES, A SEDUM ROOF AND IS 50% LARGER THAN ITS PREDECESSOR. THIS MAKES IT EASIER FOR MOBILITY SCOOTERS AND PRAMS TO ACCESS AND IS COVID SAFE, SO PEOPLE WHO ARE WAITING FOR A BUS CAN KEEP THEIR DISTANCE FROM ONE ANOTHER MORE EASILY," SAID VICKY.

COMMENTING ON THE 'GREEN' BUS SHELTER, COUNCILOR DAVID SEABROOK, THE DEPUTY MAYOR OF PEACEHAVEN SAID: "SEDUM IS A GOOD CHOICE FOR A GREEN ROOF, AS IT IS A PLANT THAT STORES WATER IN ITS LEAVES, TOLERATES DROUGHT AND IS VERY HARDY. AS WELL AS PROVIDING GOOD ROOF COVER, IT IS ALSO EASY TO MAINTAIN."

DUE TO ITS LARGER SIZE, THE 'GREEN' BUS SHELTER HAD TO BE SLIGHTLY RELOCATED AND THEREFORE THE PLANS HAD TO GO THROUGH THE PLANNING PERMISSION PROCEDURE. VICKY ADDED: "IT'S GREAT TO REACH THE POSITIVE OUTCOME WE HAVE TODAY. RECEIVING PLANNING PERMISSION, APPROVAL FROM THE BUS COMPANY AND LAND OWNERS WAS WONDERFUL AND NOW THE TOWN HAS ITS FIRST 'GREEN' BUS SHELTER, WHICH WITH ITS CONTEMPORARY STYLE, FITS NICELY ALONG SUTTON AVENUE."





GARDENING TIPS FOR SEPTEMBER

Haven't the last few months flown by!

It's best to start dividing the herbaceous perennials now September is upon us.

You can collect and sow seed from the perennials and hard annuals.

If you are lucky to have Dahlias they may be at the best now. You should still deadhead flowers to continue flowering.

Once you have had a good weeding in the garden, you can put mulch around the plants with compost to protect them by keeping them warm.

If you have Autumn Raspberries you should pick them now.

Don't forget to dig up remaining potatoes before the slugs beat you to it and ruin them!

Now September is here, you can clean out your greenhouse and cold frames so they will be ready in the autumn for you to use.

It's now time to plant spring flowering bulbs ready for colour next year.

It may be September, but don't forget to keep up with watering.

If you love to feed the birds, don't forget they will love the seedheads.

Happy Gardening!





GRANTS

APPLICATIONS ARE NOW BEING SOUGHT FROM LOCAL REGISTERED CHARITIES, VOLUNTARY / COMMUNITY GROUPS, NOT-FOR-PROFIT ORGANISATIONS AND COMMUNITY INTEREST COMPANIES (CICS) FOR THE LATEST ROUND OF PEACEHAVEN TOWN COUNCIL GRANT ALLOCATIONS WHICH WILL TAKE PLACE IN NOVEMBER 2022.

PEACEHAVEN TOWN COUNCIL'S GRANTS POLICY AND AN APPLICATION FORM ARE DOWNLOADABLE AT OUR WEBSITE AT:

[HTTPS://WWW.PEACEHAVENTOWNCOUNCIL.GOV.UK/GRANT-APPLICATIONS/](https://www.peacehaventowncouncil.gov.uk/grant-applications/)

ALTERNATIVELY, PLEASE ASK IN THE INFORMATION OFFICE AT COMMUNITY HOUSE FOR PAPER COPIES OR CALL 01273 585493.

CLOSING DATE IS WEDNESDAY 26TH OCTOBER 2022.

**FOR MORE INFORMATION PLEASE EMAIL:
ADMIN@PEACEHAVENTOWNCOUNCIL.GOV.UK**

#PEACEHAVENTOWNCOUNCIL #COMMUNITY #PEACEHAVEN



Celebration

public Calendar

Tuesday 20th

Open Session Invitations

- **Mahjong Group** 2pm Meridian Centre.
- **Social Bridge** 2pm The Good Companion.
This is not suitable for beginners.

Wednesday 21st

- ❖ **The Art Group Exhibition**, 10am–4pm, Hillcrest Centre
- ❖ **The Gardening Group Flower & Produce Sale 10am–12 noon**
in support of Ukraine Appeal Mencap Riverside Hall

Thursday 22nd

- ✓ **Meet us at Newhaven Market 10am–11:30am**
with busking from the Ukulele Group

Open Session invitation

- **Keep Fit** 11:40am Telscombe Civic Centre
Please dress for exercise
- **Scrabble Group** 2pm Meridian Centre.

Friday 23rd Open Session invitation

- **Boccia** 10am on the lawn of The Ascension Church

u3a
40th Anniversary

Art Club Exhibition

**Wednesday 21st
September
10am – 4pm**
The Hillcrest Centre
Free admission



*Newhaven's Mayor Paul Boswell
will open the exhibition at 10am*

**THE ART CLUB
MEETS EVERY TUESDAY
AFTERNOON AT THE
HILLCREST CENTRE**



40 years of living, laughing, learning

Lewes District Community Network

Networking and Sharing

20th September 2022, 10 a.m. to 3 p.m.

Linklater Pavillion, Railway Lane, Lewes, BN7 2FG

Doors open for Registration from 9:45 a.m. - Tea and Coffee provided

Lunch and Networking - 12:30 p.m. to 1:30 p.m.

We're back in person! This is a face-to-face Networking Meeting for representatives from Voluntary & Community and Public Sector bodies across the Lewes District.

By coming along to this Network Meeting, you can:

- **Hear from a range of Voluntary, Public and Private Sector speakers on a variety of topics**
- **Share your own experiences and learn about services offered by others working in the community**

There will be opportunities to tell other participants about things happening in your organisation and you are welcome to send us information in advance about your group to share with other participants.

The Network Meetings are cross-sector events for everyone in the local community. They are informal meetings that enable individuals that represent organisations, or groups from all sectors across Lewes and The Havens, to network together, share information, build relationships and collaboration, influence service provision and provide opportunities for mutual support and learning.

Booking Your Place: Attending the Network Meeting is completely FREE, but there are limited spaces! Demand for places is likely to be high, so we may have to limit places to one per organisation.

To be sure of your place, please book by 5 p.m. on Friday 16th September 2022.

Pre-booking is essential, but easy! To secure your place, book here at:

<https://www.eventbrite.co.uk/e/396466541097>

Hope to see you there!



Are you
living well
in East Sussex?

Living Well in East Sussex survey



Together with its residents and partners, East Sussex County Council is developing a long-term plan, its strategy, for adult social care.

To understand what really matters to local people, and so that the strategy can be informed and led by what is important to people who need care and support, their unpaid carers and their families, the adult social care team has created the 'Living Well in East Sussex' survey.

This survey is the starting point for creating a strategy that will set the future direction of adult social care for everyone who has - or will have - care and support needs within the county, the projects and services that support them and their carers and families.

It opens on 08 August 2022 and will close on 18 September 2022

Mark Stainton, East Sussex director of adult social care, said: "Long-term funding, a workforce crisis and living with COVID-19 are just three of the challenges facing adult social care.

"But there are also opportunities, such as exploring new ways of developing and delivering services, the greater public focus on the role and value of social care that the pandemic has brought, and the government's social care reforms.

"Our strategy will describe the priorities for adult social care in East Sussex, provide direction for services, and offer a clear understanding of what our clients, their carers and families, can expect from adult social care."

So, whether you have lots of experience of adult social care - or none at all - East Sussex would like to hear from you.

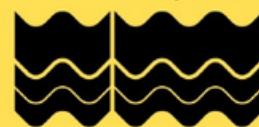
Talking with East Sussex staff, independent sector care providers, NHS colleagues and wider stakeholders will follow in the autumn/winter, informed by what local people have told us about their priorities.

To complete the survey, please use this link: www.eastsussex.gov.uk/ASCsurvey, or contact the adult social care team using the details below for paper and other formats:

Email: ASCPersonalisation@eastsussex.gov.uk, Phone: 01273 481565

Write: Adult social care strategy survey, FREEPOST, ESCC, PUBLIC HEALTH

Completing the survey also brings a chance to win one of four Love2Shop vouchers, each with a face value of £25.



Are you
living well
in East Sussex?

Do you have experience of using adult
social care in East Sussex?

Whether you have a lot, a little, or
none at all we want to hear from you!

Fill in the survey online, or call us on
01273 481565 to receive a paper copy.

eastsussex.gov.uk/ASCsurvey



Take part for a chance to win £25!



SHREDTRITION BY SARAH
QUALIFIED PERSONAL TRAINER
AND WELLBEING COACH

BUILD STRENGTH, BUILD CONFIDENCE



INTRODUCTORY
OFFER

From 1st September 2022
1 hour Gym Training Session
£17*

The Body Box
Unit 3 Malthouse
Abyss Brewery Yard
Daveys Lane
Lewes
BN7 2BF

**THE
BODY
BOX**

Sustainable fitness

*offer valid until 30th September 2022

@shredtrition_by_sarah

CONTACT ME VIA EMAIL: SARAH@SHREDTRITION.CO.UK

FOLLOW ME AT:

INSTAGRAM: [SHREDTRITION_BY_SARAH](https://www.instagram.com/shredtrition_by_sarah)

FACEBOOK: [WWW.FACEBOOK.COM/STREDTRITIONBYSARAH](https://www.facebook.com/stredtritionbysarah)

Leadership & Management WORKSHOP

for Business Leaders in the Lewes District

Tuesday 11th October 2022

from 9am to 5pm

Chamber House, 49 Gildredge Road, Eastbourne

**As leaders and managers, it's not what we do,
it's the way that we do it that matters.**

**How are you seen, heard and valued as a
business owner, manager or team leader?**

For your business to be a success, connection and communication between all members of staff and management is the biggest factor in productivity, staff retention and brand building awareness.

There has been a lot of change recently, so this training is critical for the future success of your business.

DURING THE WORKSHOP WE WILL COVER:

- How you feel about yourself as a leader/manager?
- How you interact with your team, suppliers, and customers?
- Dealing with challenges, focussing on your goals, and most importantly being your genuine self



By finding your USP and effectively managing change in a productive way, the doors to your individual success will open. Success takes many forms which we will explore in the training.

Ongoing 1-2-1 support is available following attendance at this workshop.

This workshop is available to business leaders based in the Lewes District. It is fully funded by Lewes District Council and will be delivered by Janette Calverley of Calverley Communications.



**To register for this FREE workshop, please visit the events
page on the Edeal website www.edealgroup.org**

**Alternatively, you can call 01323 641144 or
email info@edeal.org.uk**



Small Grants Programme for community projects tackling food poverty



Grants are available for up to £2000

Application Deadline: Friday 9th September, 2022

Lewes District Food Partnership are launching a second round of their successful small grants programme, to award up to £2,000 to projects within Lewes District that tackle food poverty.

Food poverty is defined by the Department of Health as: 'The inability to afford, or to have access to, food to make up a healthy diet'.

The impact of food poverty could include being worried about where your next meal will come from, being hungry between meals, skipping meals, having to choose between heating and eating, or not eating a sufficient and healthy diet due to a lack of funds or access.

Who can apply? We are inviting applications from organisations which support people to access food when they may have limited capacity to do so due to personal or economic circumstances. We can help to fund projects that connect the community to better food, understanding that food poverty is not only access to food but to food that is good for our health, minds and the planet. For more information or to request an application pack email food@sussexcommunity.org.uk

Together we have a louder voice.



THE COST OF LIVING IS SO HIGH NOW. WHAT CAN I DO?

Prepayment meter customers can request temporary credit from their energy suppliers - they might add this to your meter automatically, but if they don't, you can ask them to do this.

If you run out of temporary credit, speak to your supplier to explain your situation. They may give you extra temporary credit. There may be extra support available if you're disabled, have a long-term health condition or have children under the age of 5. You'll have to pay back anything extra you get, but you can agree an affordable plan with your supplier.

There's more government support coming from October, including a £400 payment to help you with your energy bills. If you have a prepayment meter, you'll be given vouchers in the first week of each month from October, via SMS text, email or post. Make sure your energy company has your up-to-date details.

Check you're getting all the benefits you're entitled to - you can use online benefit calculators. On the Citizens Advice website, there's advice on how to reduce living costs and other ways to increase your income.

If you can't afford to buy food, Citizens Advice can help you get a referral for a food bank.

We know this is an extremely worrying time and everyone's situation is different. Don't struggle alone. If you need further support, contact Lewes District Citizens Advice on 01273 007557 or email info@lewesca.onmicrosoft.com or call the national advice line on 0808 278892.

Anyone requiring support or assistance should contact us on:

Universal Credit Help to Claim Line: 0800 144 8444

Adviceline: 0808 278 7892 - Friday 9 a.m. to 5 p.m.

Email advice: www.lewesdistrictcab.org.uk

Chat online to an advisor at citizensadvice.org.uk/contact-us



Do you enjoy driving, helping others and making a difference?

VOLUNTEER DRIVERS NEEDED

We are looking for volunteer drivers to join our friendly, community minded team.

• Full training and support given • Following Covid Guidance • Mileage paid

YOUR JOURNEY MATTERS



For more information please contact: havenscommcar@gmail.com
01273 918226

PEACEHAVEN TOWN COUNCIL

CONTACT INFORMATION

NORTH WARD

CLLR. EMILIA SIMMONS

01273 581676

CLLR.EMILIASIMMONS@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. DAWN PAUL

07966842232

CLLR.DAWNPAUL@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. SUE GRIFFITHS

07932448721

CLLR.SUEGRIFFITHS@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. WENDY VECK

CLLR.EMILIASIMMONS@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. LUCY JO SYMONDS

CLLR.LUCYJOSYMONDS@PEACEHAVENTOWNCOUNCIL.GOV.UK

EAST WARD

CLLR. CLAUDE CHETA

07869069332

CLLR.CLAUDECHETA@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. LYNDA DUHIGG

01273 586 163

CLLR.LYNDADUHIGG@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. CHRISTOPHER COLLIER

07946446033

CLLR.CHRISCOLLIER@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. CATHERINE GALLAGHER

07810560337

CLLR.CATHYGALLAGHER@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. ISOBEL SHARKEY

CLLR.ISOBELSHARKEY@PEACEHAVENTOWNCOUNCIL.GOV.UK

WEST WARD

CLLR. ALAN GOBLE

01273 589 979

CLLR.ALANGOBLE@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. JOB HARRIS

01273 585 050

CLLR.JOBHARRIS@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. KATIE SANDERSON

CLLR.KATIESANDERSON@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. GLORIA HILL

01273 579 305

CLLR.GLORIAHILL@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. DAVID SEABROOK

07973864340

CLLR.DAVIDSEABROOK@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. RON WHITE

CLLR.RONWHITE@PEACEHAVENTOWNCOUNCIL.GOV.UK

CENTRAL WARD

CLLR. ALAN MILLINER

CLLR.ALANMILLINER@PEACEHAVENTOWNCOUNCIL.GOV.UK

PEACEHAVEN TOWN COUNCIL OFFICES



TELEPHONE: 01273 585 493

INFO@PEACEHAVENTOWNCOUNCIL.GOV.UK

 PEACEHAVENTOWNCOUNCIL

 @PEACEHAVENTOWN

 @PEACEHAVENTOWN

WWW.PEACEHAVENTOWNCOUNCIL.GOV.UK