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Making Peacehaven a better place to live, work, and rest

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PEACEHAVENTOWNCOUNCIL.GOV.UK

01273 585493

From Isobel Sharkey Outgoing Mayor of Peacehaven



As my mayoral year comes to a close it's somewhat of an understatement for me to say that it didn't quite go as planned.

As some readers will know, I was diagnosed with lung cancer in September of last year and so took the decision to go on sick leave for at least six months.

I had hoped, as well as to raise money for my chosen charities, to raise the profile of the visual arts and music in Peacehaven, but it was not to be.

In the first few months, I was able attend events of course. From hosting the first NHS and Carers day here at the war memorial gardens, to representing Peacehaven at the Dieppe Memorial an Newhaven, to being interviewed on Seahaven FM. This and of course chairing full council meetings.

I was also able to attend events held by two of my three charities - CATS Club Open Day and their 20th Anniversary Party, and Dean's Senior Tea Club's 'Opening Up Again' get together in Saltdean with some great entertainment.

After that, Deputy Mayor Cllr Gloria Hill took over until she too was also taken ill.

I don't yet know how successful my chemo and radiotherapies have been, but I will find out soon and with luck I will be back to regular council duties shortly.

NATIONAL WALKING MONTH

Peacehaven is home to a wide range of walks, both long and short, coastal and rural with close access to the South Downs and sea, and for national walking month we want to encourage everyone to get some extra steps in and feel the benefits of walking.

Walking is a form of low intensity steady state exercise – where you can chat comfortably – and is excellent for cardiovascular health and endurance. It also provides a form of resistance which will keep your body stronger for longer and encourage body positivity, greater self-esteem, and more confidence.

The Academy of Medical Royal Colleges have described physical activity as a 'miracle cure', not only for the management of long-term diseases but also in preventing them from developing in the first place. Regular exercise can help prevent dementia, type 2 diabetes, depression, heart disease and other common conditions – reducing the risk of each by at least 30%.

It is particularly important for older people to stay active to improve cognitive function, memory, attention and reduce the risk of dementia and cognitive decline. Walking is considered one of the best forms of exercise as there is no special equipment or clothing needed, and your fitness level doesn't matter - just choose a route suitable for you and you'll see significant improvements to your sleep, health and wellbeing, and quality of life.

Walking encourages mindfulness and calms the mind, which will have a positive impact on your mental health. This effect is increased further when walking in nature. Research shows that people who spend even small amounts of time in nature or green spaces are typically happier in life and more likely to report feeling their lives are worthwhile.

However, you don't need to be in nature to feel the benefits of walking, a stroll through your local area is enough to have a positive effect. Getting off the bus a stop early or parking your car slightly further away is a simple way to get some extra walking time in.

Your walks don't need to be brisk, or long to be beneficial. Just 150 minutes of walking a week is enough – equivalent to 20 minutes a day, or 30 minutes five days a week. If you are new to exercise, start slowly and build up gradually. Brisk is best but gentle strolling is an excellent start.

Why not consider following Peacehaven's Meridian Meander walking route and discover some of the towns many parks and green spaces? Keep reading to find out more!

Alternatively, if you're looking for something a bit more sociable, you may want to join the Peacehaven Plodders on their weekly group walks in and around Peacehaven. Visit http://www.facebook.com/peacehavenplodders for more information.

MERIDIAN MEANDER

Discover some of Peacehaven's parks and green spaces with a meander along the Greenwich Meridian Line.



WHAT IS THE GREENWICH MERIDIAN?

The Greenwich Meridian Line is the vertical line of longitude that runs through the Royal Observatory at Greenwich and defines the line between the Eastern and Western hemispheres. It is also known as Zero degrees longitude and is also the Prime Meridian for the world. The magnificent monument to George V marks the place where the Greenwich Meridian leaves British soil.

WHY THIS WALK?

By following this walk you will find a surprising number of green and secluded parks that you may not have come across before. The Jubilee Gym is angled towards adults but the Firle Road Play Area is for under 10's only. The Oval, of course, is for all ages and just the place to enjoy a picnic. This is a walk for the whole family.

HOW FAR AND HOW LONG?

The whole walk is just under three miles long and is along pavements or proper paths apart from in The Oval where most of the paths are mown grass. This is not a walk to be rushed, so take your time.





The Meridian Monument was installed in 1936 by public subscription.

The monument was originally intended to commemorate the Silver Jubilee of King George V, but he died before it was erected and it became his memorial.



Originally placed well away from the edge of the cliff, by the 1960s coastal erosion necessitated it being moved 30 feet north and later in 1981 it was moved another 24 feet away from the cliff edge to its present position.



THE WAR MEMORIAL

The War Memorial was built in 2012 to replace an old one. It was designed to represent the sea, with the chalk cliffs and the Downs behind.



JUBILEE OUTDOOR GYM

Jubilee outdoor gym contains a comprehensive range of exercise equipment that is free for all to use.

No need to overdo it, a gentle work out will be fine for starters.



FIRLE ROAD PLAY AREA

Firle Road Play Area contains a comprehensive range of equipment, suitable from the youngest of children to the most active ten-year-old.



THE COMMUNITY GARDEN

There are regular work parties at Peacehaven Community Garden on Saturday mornings.

You can learn how to grow your own vegetables and generally help out with the maintenance of the garden.



THE OVAL

The Oval Park is a peaceful place to listen the sound of bird song and enjoy views of both the sea and the Downs. Home to plenty of wildlife such as badgers and squirrels, the Oval is a perfect place to chill out and have a picnic.



MOUNTAIN BIKE TRACK

Just the place for active youngsters to let off steam.

GETTING TO THE START

Catch the No. 12 bus from Brighton or Eastbourne and get off at Roderick Avenue.

Cross the road and head towards the sea, staying on Roderick Avenue. Turn left at the cliffs and walk along to the monument, enjoying the views as you go.

Visit www.buses.co.uk for bus times.



From the monument, walk up Horsham Avenue towards the main road. Turn left onto the South Coast Road and cross at the lights.



Turn right up Roderick Avenue and walk up to Meridian Way. Cross ahead, keep on for 50 yards and carefully cross over to enter the park with the War Memorial ahead.



Follow the path going to the left, turn right over the grass and walk to the Jubilee Gym. After your work out, keep on and follow the path left to the busy main road.



Cross over at the island on your left and turn right. Walk up towards the Peacehaven Youth Club and turn left along Balcombe Road.



Walk about 150 yards and turn right up Sutton Avenue North. At Firle Road turn right then almost immediately left up a path between fences. Soon you come to Firle Road Play Area.



Stay on the path and at the main road cross and continue up the path ahead. At the end turn left along Glynn Road and walk along for about 100 yards.



Turn right into Green Gate and shortly before the end, turn left through a gate into a woody area. Go ahead then follow the path right to find the Community Garden on your right.



Follow the grassy path round to the right and enter The Oval by a large gate. With the sea on your right, find the exit to Tor Road. Walk to the end and turn right onto Roderick Avenue.



At Glynn Road, turn left, walk along and after about 200 yards turn right onto a path opposite number 22. Go under the tunnel and pass an area set aside for mountain biking on your right.



Continue on the path and at the end, turn right then left onto Horsham Avenue, skirting the Meridian Centre and crossing a few roads on the way.



Keep on Horsham Avenue which you can follow all the way back to the Meridian Monument. Well done!

RESPECT YOUR NEIGHBOURS



Sheep "worrying" - when dogs chase or attack livestock - is a frequent occurrence for farmers in the UK, and those in Peacehaven and the surrounding areas are no exception.

As we enter peak lambing season we want to remind all dog walkers to be mindful of livestock and to always use a lead when entering agricultural land or sheep grazing areas.

It's hard to believe your beloved pet could cause such harm but even the friendliest of dogs can react in surprising way, even those that have never shown interest in other animals before.

Telscombe Stud Farm, recently lost two sheep, and their unborn lambs to a dog attack. This not only has enormous financial implications but also has a negative impact on the well-being of farmers and the other animals.

"Worrying" is a criminal offence and owners are liable for a £1000 fine even if the dog appears to have caused no harm. This is because sheep panic easily and their instinct is to follow each other, so they can die of shock or by being crushed, causing horrendous suffering and even miscarriage in pregnant ewes.

It is also worth remembering that farmer's have the right to shoot your dog if they believe their livestock is at risk from a dog at large.

We urge you to pick up your dogs waste at all times, not only because parasites found in some dog faeces can result in the abortions of cattle and death in sheep, but also to keep Peacehaven a clean, nice place to live and visit.

You can use <u>any</u> bin to discard of dog waste so please make use of bins provided.

DATES FOR YOUR DIARY

SOUPER SOCIAL MOMENT

Enjoy some free homemade soup with friends, family and the community. Saturday 14th May, from 12 p.m. at Community House.

PEACEHAVEN CINEMA: DOWNTON ABBEY: A NEW ERA

Wednesday 22nd June, 7.30 p.m. Main Hall, Community House. Tickets are available from the Information Office at £7 a ticket.

BINGO - IN AID OF THE MAYORS CHARITIES

Wednesday 25th May. 2 - 4 p.m. £4 for 8 Games plus Flyer and Snowball Games, free refreshments, and a chance to win cash prizes!

ANNUAL TOWN ASSEMBLY

Thursday 26th May at 7.30 p.m. in the Anzac room, Community House with Lloyd Russel-Moyle, MP for Brighton Kemptown and Peacehaven as our keynote speaker.

HER MAJESTY THE QUEEN'S PLATINUM JUBILEE BEACON LIGHTING

Thursday 2nd June at 9:15 p.m. at the War Memorial, Meridian Park, Meridian Way, Peacehaven, BN10 8NF. Everyone is welcome to attend this extra special event.

KEMPTON HOUSE - PLATINUM JUBILEE AFTERNOON TEA PARTY

Sunday 5th of June at 2 p.m. - 4 p.m. at Kempton House. £7 a ticket. Email Sue at kemptonhousedaycentre@gmail.com before the 26th May 2022 to ensure your place.

LIGHTS OUT OVER LONDON

New show from the Peacehaven Player's showing on 9th, 10th, and 11th June. 7:30 p.m. Main Hall, Community House. Tickets are available online www.peacehavenplayers.co.uk and in person from Peacehaven Information Office and Telscombe Civic Centre.

PEACEHAVEN COMMUNITY SUMMER FAIR

Saturday 9th July from 11 a.m. to 4 p.m. at Centenary Park (Big Park) With food and drink, pony rides, a funfair and Wave Leisure running the arena with music and entertainment, expect to have a fantastic fun filled day suitable for all ages.

GENTLE YOGA FOR ALL LEVELS WITH SAVOULLA

£10 drop-in class every Wednesday from 10.30 - 11.35 a.m. in the Anzac Room. Contact Savoulla on 01273 556 327, 07969148866 or savoulla@yahoo.co.uk for details.

COFFEE MORNINGS AND INDOOR MARKET

Every Friday at Community House. If you are a local group, organisation or resident and interested in organising a coffee morning to raise some funds for please call 01273 585493.

HER MAJESTY THE QUEEN'S PLATINUM JUBILEE BEACON LIGHTING



Peacehaven Town Council will be holding its Jubilee Beacon Lighting on Thursday 2nd June from 9.15 p.m. at the War Memorial, Meridian Park, Meridian Way, Peacehaven, BN10 8NF. The event will be hosted by the town's new Mayor and supported by Jon Borthwick, Peacehaven's Town Crier.

Come along and join in this special occasion to mark not only Her Majesty's 70 year reign, but also to enjoy a unique event to start the very special Platinum Jubilee weekend celebrations.

The official celebrations will begin earlier in the day at 2 p.m. when Peacehaven's Town Crier will cry a special Jubilee Proclamation from The Palace at The War Memorial at 2 p.m.

In the evening, there will be a refreshment area selling delicious food and beverages. In addition, there will be a Platinum Jubilee Stall selling The Queen's Platinum Jubilee Tarts. All proceeds from the sale of the Jubilee Tarts will be donated to the Mayor's charities.

At 9:30 p.m., Peacehaven's Town Crier will open the event and the town's new Mayor will start the proceedings. Bagpipes playing 'Diu Regnare' will resonate around the War Memorial, followed by the unforgettable sounds of a Bugler playing 'Majesty'.

A song for the Commonwealth, 'A Life Lived with Grace' will be sung as a musical tribute to Her Majesty The Queen at 9:45 p.m., and in conjunction with all the UK town beacons, Peacehaven Town's beacon will be lit, signalling the beginning of the Platinum Jubilee festivities.

We hope you can come along to celebrate the beginning to HRH Her Majesty The Queen's Platinum Jubilee weekend and look forward to seeing you on 2nd June.

KEMPTON HOUSE Family Afternoon Tea Party



SUNDAY 5TH JUNE - 2PM - 4.30 P.M.

Arrivals from 1.45 P.M.

With live entertainment and songs from singer Richard Radcliffe, who will be performing toe tapping, well-loved hits from the 50s, 60s and 70s.

Email Sue Taylor Hill at kemptonhousedaycentre@gmail.com before the 26th May 2022 to ensure your place at this fun-filled, Jubilee celebration.

Tickets just £7 – Don't miss out!



The Queen's Award for Voluntary Service

LIVE SHOWS RETURN TO PEACEHAVEN



Peacehaven Players will present "Lights Out Over London" in June 2022.

The show's author Michelle Roman said of the story

"My parents and grandparents lived in central London throughout the war. Grandad was an ARP warden, and my mum remembers running down to the shelter with her dog Betty when the air raid siren went off. My family's recollections of that time, together with my interest in the Homefront, is what motivated me to set my story in war torn 1940's London."

Lights Out Over London is a Jukebox musical comedy about family and friendship on the Homefront during WW2. It features popular songs from the period. This will be the Peacehaven Players' first scripted show since the pandemic twice halted plans to bring this show to the stage. At getting back face to face with each other and the public, cast members spoke of their sheer joy. "I feel like I've got my right arm back!" comment Lynn and Sue said, "It feels right proper".

Michelle Roman also explained "I'm fascinated by people's wartime accounts from their own unique viewpoint. Their memories are often humorous, conveying a camaraderie and resourcefulness that is often shown during stressful times. It's these universal aspects that I wanted to capture and celebrate, against a background of the fabulous music that was popular at that time."

Lights Out Over London is on 9th, 10th, and 11th June. 7:30pm at The Meridian Centre in Peacehaven.

Regular updates and rehearsal photos can be seen on the Peacehaven Players Facebook page.

Tickets are:

Adult: £9.50 Seniors: £9 Children: £9 Tables of 8: £70 Carer: £4.75 (must be booked with at least 1 Adult, Senior or Child ticket.) Tickets available online www.peacehavenplayers.co.uk and in person from Peacehaven Information Office and Telscombe Civic Centre.

Contact info: Tony Garwood (Peacehaven Players) Promote@PeacehavenPlayers.co.uk Phone: 07428122161

Lights Out Over London

<image>

A WWII story of family and friendship featuring well loved songs of the time

Thursday 9th, Friday 10th & Saturday 11th June Nightly at 7.30pm, Meridian Centre.

Tickets:

Peacehaven Information Office, Telscombe Civic Centre www.peacehavenplayers.co.uk

Tel: 0333 666 3366 Bookingfees apply





PEACEHAVEN HORTICULTURAL SOCIETY



We are a friendly group who meet every month in the Anzac Room, Meridian Centre, Peacehaven, from 7pm - 9pm.

We have a variety of speakers throughout the year including social evenings.

Membership is £6 per person & £10 a couple. Entry to the Monday Night meeting is £2.50 and includes refreshments.

On joining you will receive a Loyalty Card for Paradise Park, Newhaven which entitles you to a £1 plant voucher for every £10 spent and half price entry to The Playzone & the lovely gardens.

We have a Trading Hut on the Peacehaven Allotments site, in Cornwall Avenue where residents can purchase compost and gardening items etc. The Hut is open every 2nd & 4th Friday of the month from 2 - 4pm.

If you would like to join us or would like further info please contact Alison on 01273 589502.

MONDAY NIGHT MEETINGS

16th May - Talk with the Plant Man Malcolm Cook 20th June - Flower Arranging with Duncan 18th July - Old Time Musicals with Gerry 15th August - Fire Safety in the Home 19th September - Trophy Presentation Night & Going over the Show 17th October - Pumpkin Carving 21st November - Plant & Seed Swap Evening 12th December - Christmas Party & Quiz





PEACEHAVEN HORTICULTURAL SOCIETY CELEBRATE THEIR CENTENARY



Peacehaven Horticultural Society, one of the longest running organisations in Peacehaven will be celebrating their centenary on 12th May, 100 years after their first meeting was held in Rosemary's Tea Lounge. The first few shows covered more diverse classes than today including best rabbit, cat and pigeons, with sports and brass bands giving a festive air to the occasion.

Today we cover many classes including vegetables, flowers, baking, & photography. Children also have their own categories. We hold a Show every year in the Meridian Centre which attracts around 350 entries, and we also hold a special Trophy Presentation Night.

We work hard in the Community, holding coffee mornings, looking after the Indoor Community Garden in the Meridian Centre, and over recent years, we have started a Vegetable Growing Competition with local schools, playgroup and nurseries which after a two year Covid break will be back in 2023.

We have our Trading Hut on the Peacehaven Allotments site which is open for residents to purchase compost etc. We also run Peacehaven Open Gardens which is a lovely weekend for visitors to visit local gardens with money raised being donated to charity.

To mark our centenary we are holding an afternoon tea party for our members in the Meridian Centre on 12th May from 3 - 5 p.m. We hope many will join us for a lovely afternoon.

We are looking forward to the next 100 years!

If you would like to join us, please contact Alison on 01273589502.



IN AID OF THE MAYORS CHARITIES

WEDNESDAY 25TH MAY 2022 2-4 PM

MAIN HALL, COMMUNITY HOUSE



PLUS SNOWBALL AND FLYER GAMES CASH PRIZES AND FREE REFRESHMENTS



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H E COMMUNITY SUMMER FAIR SATURDAY 9TH JULY 11AM - 4PMCENTENARY PARK

FOOD & DRINK LAMB PETTING CHILDRENS ACTIVITIES TOMBOLAS DOG SHOW FUN FAIR CAR BOOT SALE PONY RIDES



TRACTORS CRAFTING ACTIVITIES WAVE ARENA ICE CREAM



CONTACT 01273 585493 TO BOOK YOUR STALL OR FOR CAR BOOT BOOKINGS 07760257522 www. PEACEHAVENTOWNCOUNCIL.GOV.UK

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PEACEHAVEN CINEMA



7.30PM / WEDNESDAY 22ND JUNE / £7 PER TICKET MAIN HALL, COMMUNITY HOUSE, PEACEHAVEN BN10 8BB TICKETS AVAILABLE FROM THE INFORMATION OFFICE



How can I offer a UK home to Ukrainian refugees?

Anyone in the UK can apply to be a host through the government website, providing they have at least six months' leave to remain in the UK.

Home-owners with a mortgage should contact their lender before accepting refugees to avoid a breach of mortgage terms. Tenants should check their tenancy agreement – they may require their landlord's permission. Leaseholders should check the terms of their lease to see whether they are permitted to have lodgers or subtenants.

Hosts must be able to offer refugees accommodation for at least six months.

Those offering to house refugees will be vetted by the government, and Ukrainian applicants will also undergo security checks before being matched with a host. Local authorities will check that properties are fit to host refugees, and DBS checks will be carried out for those hosting children and vulnerable adults.

Those who don't personally know anyone fleeing Ukraine can register their interest on the government's website and consult charities working to pair sponsors with refugees such as:

- Refugees at Home
- Room for Refugees
- Shelter 4 Ukraine
- Reset

Host households in the UK will be offered a tax-free thank-you payment of £350 a month for up to 12 months. This payment does not affect benefit entitlement and will remain tax-free.

While hosts cannot charge rent the government advises an agreement such as an Excluded License Agreement or an Excluded Tenancy Agreement be drawn up to ensure all parties are clear on the terms of the arrangement.

Trainee advisers wanted

Are you interested in giving information and advice to members of your community? To learn more about joining our team, please email training@lewescab.cabnet.org.uk or ring 01273 007557 for a chat



FROM LLOYD RUSSEL-MOYLE

MP FOR BRIGHTON KEMPTOWN AND PEACEHAVEN



It was fantastic to see the council trialling an electric bus around Peacehaven last month. It should be noted that Seaford and Lewes District have a regular service around their towns and we should be expecting the same for Peacehaven.

Now the Town Council has proved a local bus service can work it is time for the County Council to step up as the authority responsible for buses to properly fund a service. East Sussex County Council have just struck a multimillion pound deal with the government for buses across the county and now is our opportunity to make this a reality.

I, along with your East Sussex County Councillors, will certainly be fighting the corner for Peacehaven and Teslcombe to get their fair share of the funding, it is my expectation that we have a regular 20 minute service which reaches more than just the South Coast Road.

Because of government planning regulation we will see more developments happening in our area, so we need to be ensuring that we have the resources and the capacity to handle that, a vital component of that is public transport.

I look forward to working with East Sussex and seeing how best they can reprioritise and deliver for us here in Peacehaven.

LLOYD RUSSEL-MOYLE VISITS CHALKERS RISE DEVELOPMENT

The number of first time buyers hit a 20year high in 2021, according to Zoopla's House Price Index, as buyers look to take advantage of homebuying schemes and incentives.

To celebrate the success of first time buying at Chalkers Rise in Peacehaven, Lloyd Russell-Moyle MP met with representatives from Barratt David Wilson Southern Counties at the development on Friday 8th April.

Lloyd met with senior representatives from Barratt David Wilson Southern Counties, including Technical Director David Rowland and Sales Manager Hilary Turner. During the visit, Lloyd heard first hand how the development has supported high volumes of first-time buyers onto the property ladder since its launch - nearly 60% of residents are first time buyers.

This high figure is attributed to the availability of homebuying schemes including Deposit Unlock and Help to Buy, alongside more affordable house prices when compared to nearby Brighton.

Lloyd Russell-Moyle MP, Brighton Kemptown & Peacehaven: "It is a stressful time for first time buyers looking to take their first step onto the property ladder, so I was interested to hear about the schemes in place to make the housing market more accessible in Peacehaven. It was an invaluable opportunity to see first hand the construction progress at Chalkers Rise, and learn about what is being offered to our next generation of homebuyers. I look forward to welcoming the newest residents at Chalkers Rise and helping them to settle into the community here."



The visit concluded with a hard hat tour of the construction site, where the site team is building the latest phase of homes and incorporating a range of sustainability measures including electric vehicle charging points, a car club for residents alongside free bus passes for six months, bird and bat boxes, and bee-friendly planting.

Kimberley Benson, Sales and Marketing Director for Barratt David Wilson Southern Counties, comments: "Despite a seemingly negative backdrop, the data overwhelmingly shows that the number of first time buyers continues to climb, and this is no different at Chalkers Rise, where nearly 60% of our buyers are beginning their homeownership journey. Lloyd was able to meet our team to find out how we are helping first time buyers onto the property ladder, and learn more about the opportunities available for young people here. We hope he found the visit useful, and look forward to working together again in the future."

To find out more about Chalkers Rise, visit www.dwh.co.uk, www.barratthomes.co.uk, or call 0333 3558 499 or 0333 355 8498.

[1] https://www.zoopla.co.uk/discover/property-news/number-of-first-time-buyers-hits-20-year-high/ 01273 585493



Newhaven & Peacehaven u3a has much to offer "young at heart" Peacehaven residents. They host more than 30 interest groups ranging from senior keep fit to playing the ukulele via discussion, Mah-jong, gardening, and walking. They are keen to support members wishing to start more groups.

Monthly Meetings this spring: in May (5th) Ed Tyhurst will inform with "D Day and Beyond – Newhaven: Invasion to Celebration"; for June (9th) members will hear Amanda Elmes on the South Downs National Park; while James Taylor will amuse with "Brilliant British Humour in the Forgotten Art of Picture Postcards 1840" for the July (9th) meeting. Monthly Meetings are an opportunity for members to socialise after listening to an interesting speaker. At each meeting, information is given out about groups and activities. There is always a raffle and refreshments. They are held at The Meridian Centre in Peacehaven. The u3a is happy to welcome potential members to these meetings to try them out before joining.

The Friday Lunch Bunch will be out to Diella's Restaurant, Seaford in May. The Theatre Group will be off to see "Lights Out Over London" and "Calendar Girls" in June, "The Best Exotic Marigold Hotel" and "The Mirror Crack'd" in September, "The Cher Show" in November and "Cinderella" in December. Members are also looking forward to their day outing to the Chartwell at the end of September and lunch in France at Le Chateau des Tourelles in July.

A highlight of the year will be marking the Queen's Platinum Jubilee with a special 3course lunch at the EBM Centre on June 4th.

This year marks the 40th anniversary of the u3a. The charity has at its heart a self-help ethos where members share expertise and enthusiasms. It is for those no longer in fulltime work or raising a family. It gives members the opportunity to meet new people and enjoy a wide variety of interests.

Members are kept informed with emailed updates, a monthly emailed Bulletin and a printed Newsletter three times a year. The Phone Buddies help to keep those without emails informed. You can also visit their Facebook page, website https://u3asites.org.uk/newhaven-peacehaven/home and YouTube channel. Look out for the u3a stall at the Peacehaven Community Fair in July.

Although the annual subscription is £15, (due each September) those joining from now until August pay only £7.50. You can contact the u3a by email at u3anp@outlook.com or phone Sharon 01273 589953 or Sally 01273 513707 (9am to 5pm).

TAKING PART IN THE COMMUNITY

PEACEHAVEN COMMUNITY SUMMER FAIR

Saturday 9th July at centenary Park (Big Park) from 11 a.m. till 4 p.m.

If you run a business or charity and would like to attend, contact info@peacehaventowncouncil.gov.uk, call 01273 585 493 or visit https://www.peacehaventowncouncil.gov.uk/events/annual-communitysummer-fair/ to book your pitch. For car boot sale bookings, contact Tracey on 07760257522.

COFFEE MORNINGS

Coffee Mornings are back every Friday at Community House, running alongside the Indoor market in the Main Hall.

If you are a local group, organisation or resident and interested in organising a coffee morning to raise some funds, please contact the information Office 01273 585493 or info@peacehaventowncouncil.gov.uk

COMMUNITY SPEEDWATCH

Community Speed watch is looking for volunteers to help join your local Community Scheme. Full training will be given for this role by Sussex Police. This is a vital role in helping to reduce anti-social driving and helping to prevent death and injury in our roads.

If you are interested please contact Steve O'Connell at CSW@sussex.pnn.police.uk, call 01273 404535 ext. 561330 or visit www.communityspeedwatch.org to register.

MENCAP

Mencap are a charitable organisation that support children and adults with learning disabilities. Newhaven and Lewes District branch run regular club nights and events for members and desperately need volunteers in order to keep running.

If you would like get involved or further information please contact newhaven.lewesmencap@hotmail.com or call Ann on 01273 517 345

PEACEHAVEN COMMUNITY SUPERMARKET

Peacehaven Community Supermarket is a non-profit organisation that helps people learn to cook, eat a healthy diet, grow their own food and waste less food.

If you are interested in volunteering with them please contact Eloise.Rebbeck@sussexcommunity.org.uk or for further information visit <u>https://sussexcommunity.org.uk/our-services/community-food/community-</u> supermarkets/

PEACEHAVEN TOWN COUNCIL CONTACT INFORMATION

NORTH WARD

CLLR. EMILIA SIMMONS

01273 581676 CLLR.EMILIASIMMONS@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. DAWN PAUL

07966842232 CLLR.DAWNPAUL@PEACEHAVENTOWNCOUNCIL.GOV.UK

CLLR. SUE GRIFFITHS

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CLLR. LUCY JO SYMONDS CLLR.LUCYJOSYMONDS@PEACEHAVENTOWNCOUNCIL.GOV.UK

WEST WARD

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