

# E-NEWS

No 65 APRIL 2020



## **CORONAVIRUS PRECAUTIONS IN PLACE**

**UPDATES SEE PAGES 3-5**

*Making Peacehaven a better place to live, work and visit*



## From The Mayor

**Cllr Claude Cheta**



Take extra care of yourself's and be kind to others.

Dear residents,

Within a couple of weeks, the threat of CoronaVirus has completely changed the way we live work and socialise in Peacehaven.

So many are now working from home and with increased exposure to media, fear has spread very quickly, and we are all genuinely concerned.

At Peacehaven Town Council we are following all advice made by the Government to keep our staff, councillors and community members safe.

Despite the fear, I'd like to say that it is in time of great challenges that we see kindness, love and solidarity at their best in the community. In the shopping centre yesterday, someone I did not know helped me carry my groceries. I received a message from a neighbour offering to help any elderly who needs food, medication or support with shopping. This filled my heart with hope and reassured me that we will never be alone.

With so many people already lonely called to self-isolate, I am now confident that our collective effort will overcome today's challenges in Peacehaven. Here are some simple steps we can take to strengthen our community:

1. Think about others and be kind to everyone.
2. Reach out to your neighbour, friends and relatives and offer to help.
3. Stay informed and follow Government Guidance.
4. Support the most vulnerable members of the community
5. Share accurate information and advice.

Yes, together we will prevail over Coronavirus.  
Take extra care of yourself and be kind to others.

Claude Cheta,  
Your Mayor

### IMPORTANT NUMBERS:

Lewes District Council: 01273 471600  
East Sussex County Council: 0345 608 0190  
SCDA Food Bank: 01273 517250  
CTLA: 01273 517332  
Kempton house: 01273 585984

### SEAHAVEN FOOD BANK URGENT APPEAL

#### Ideas for donating:

- TEA
- COFFEE
- DRIED PASTA
- BISCUITS
- TOILETRIES
- SQUASH
- BREAKFAST CEREAL
- LONG LIFE MILK

PLEASE DELIVER ALL DONATIONS  
DIRECT TO :

31A High Street, Newhaven, BN9 9PD



## From Peacehaven Lewes District Councillor Cllr Nicola Papanicolaou- Part 1



*Lewes District Councillor Nicola Papanicolaou for Peacehaven West Ward, sent this copy to the Enews after attending an Emergency Planning Meeting At Lewes District Council on 19 March 2020*

Yesterday I attended a conference call with fellow Lewes district councillors and senior officers. Emergency planning was of course top of the agenda and this is now well underway with priority help put in place for older and vulnerable residents as well as those on low incomes or in danger of losing pay or even their jobs. There are also measures being put in place to assist local businesses to see out these worrying times.

Here is a summary of our meeting:

### Service Delivery

Customer contact at the council is working normally – staff answering phones, prioritising enquiries on rent, council tax, etc. Currently coping with demand well and plan in place if reduced staffing happens. Non-essential issues - contact via the web to reduce phone calls. If lockdown, there will be a phone outside the building so residents can still contact someone if they turn up at the building.

Tenants in sheltered properties being prioritised – increased cleaning in place already, sanitizer installed, etc. Phone care line - service to check all ok, can provide food and medication with Neighbourhood First and their vans.

Maintaining the repair service for essential issues, but following safe distance guidelines. Repair workers, wearing protective clothing, (facemask, goggles and overalls as per Public Health England guidelines) will ask resident to wait in a different room and disinfect on arrival and on leaving.

Waste collections continuing as normal but bulky waste collections have stopped.

Government guidance on business rates and cash grants was received last night so officers now preparing notes on how to apply. A web address for applications will be given and this should be available on Monday.

For self-employed – paper going to next cabinet, assistance with council tax and hardship fund – call Customer First team and talk it through on an individual basis.

Nurseries and pre-schools – council working through govt. guidance – again, call team for case by case guidance.

There are around 1700 businesses in Lewes District who qualify for 50% business rate relief, now they will qualify for 100% business rates reduction together with businesses in hospitality. The Council hopes to have system in place for the new bills to be issued by 5th April.

For those behind with council tax – any summons issued have been cancelled and enforcement agencies cancelled for 4 weeks. Anyone with problems paying should make arrangements individually with LDC.

Looking into keys for gas and electric so Neighbourhood First, etc. could turn on energy for those in dire need.

Customer First will be calling vulnerable tenants first, then other tenants from their lists daily.

Anyone on zero hours contracts who have no work or income should apply for Universal Credit and discuss with LDC about council tax, housing payments, etc.

For homeless people a plan is in place. The night shelter in Lewes is closed due to lack of demand. Council has block booked units so people can self-isolate if show symptoms.

### Resilience

Three top priorities are: social care and NHS; support for vulnerable groups and mobilising community volunteers; and the local economy.

## From Peacehaven Lewes District Councillor Cllr Nicola Papanicolaou- part 2



*Lewes District Councillor Nicola Papanicolaou for Peacehaven West Ward, sent this copy to the Enews after attending an Emergency Planning Meeting At Lewes District Council on 19 March 2020*

Over next weeks and months there will be an increasing need to support those who are vulnerable and self-isolating through community hubs. These hubs will probably be led by ESCC through the Resilience Forums with support from MoD resource planners. This will be targeted support at the over 70s and vulnerable people to provide food, medicine and 'other services'.

LDC has been talking to the local voluntary sector that already works with LDC such as food banks, CAB, Age Concern, etc. Already many people offering support locally but many current volunteers are themselves in the vulnerable category. Need co-ordination between various groups and new local volunteers. Some very swift and great work done already, but also a lot of work needed to support volunteers.

Updates will be given at the weekend and early next week.

If you have any concerns or questions regarding any of the above or any other council matters please contact your LDC ward councillor or if you are a Peacehaven West constituent please feel free to message me direct or email me at: [nicola.papanicolaou@lewes.gov.uk](mailto:nicola.papanicolaou@lewes.gov.uk)



**RUNPALS**

**COMMUNITYHelp**

*If you are in need of some help to do things like go to the shops, pick up groceries, let us know and we can try to help.*

*Local RunPals and friends are ready and willing to help!*

[www.runpals.club/local-help](http://www.runpals.club/local-help)

RunPals, a local free community running group, are helping to raise funds for the Seahaven Food Bank in buying necessities from Lidl Newhaven, who are going to try to hold back vital supplies for the food bank. You can donate via this link <https://www.gofundme.com/f/deans-amp-haven-foodbank-fundraiser>

We are also pulling together a pool of local volunteers to help support the food bank to deliver the food bank parcels. If you are fit and healthy and are able to help or if you require help, please email [localdeaens@gmail.com](mailto:localdeaens@gmail.com) and we will do what we can to support our community



## FROM THE PCSO- CHRIS MARCHANT

As I return from a week of Annual Leave, I have returned to a different world.

The Coronavirus has impacted in a way that we would not have thought possible earlier in the year. That said, this will test the resolve of the country and as a resident, this is where you can play a major role.

The elderly and most vulnerable members of the Community will need help, your help, to get through the coming months. I know that people help with shopping etc. but unfortunately there will be an element who will take this opportunity to prey on the elderly.

We have seen this already with "Scam" information about buying cures on the Internet, or giving over details through fake Emails after scare mongering about the virus. So as people self-isolate, particularly the older members of the community and there is less daily contact, please spare a thought for those who live alone.

The Police will still be available through the normal channels, 999 or 101 and will respond accordingly to the calls generated.

Should you need to speak to me please call me on 07912 895887

Or via email:

[christopher.marchant@sussex.pnn.police.uk](mailto:christopher.marchant@sussex.pnn.police.uk)

### **It's been a very difficult six months for small businesses, you may have lost some contracts and now you've just received a huge energy bill.**

citizens  
advice

Firstly, call the Citizens Advice Consumer Service on 0808 223 1133. They can often help to resolve problems with energy suppliers.

Do this quickly if you're on a business contract and you've been told you're going to be disconnected. If this happens an extra fee can be added to your bill, and there'll be another charge for being reconnected.

If you think the bill is wrong, contact your energy company. If you are a microbusiness you can only be charged for gas or electricity you've used in the last 12 months - they can't send you a new bill dating back longer than a year.

If the bill is correct, but you can't afford it, your energy supplier might agree to a payment plan. Work out a realistic budget with affordable repayments. Citizens Advice can help sole traders and individuals, but for other businesses there's the Business Debtline on 0800 197 6026.

Are your bills being estimated? You might be paying more than you need to. Organise a reminder to send monthly meter readings to your supplier or see if you can get a smart meter installed.

You may find switching energy companies will save you money. Also try energy efficiency measures such as switching off computers and other equipment overnight, use energy efficient light bulbs and make sure your premises are insulated.

## From the Town Clerk



From the desk of the Town Clerk.....

I have just completed my first year as Clerk of the Town Council. I don't know where this time has gone but it has been very enjoyable. We have a great team here, staff and Councillors all working hard to provide the best facilities and support for residents, as well as looking forward for developing and improving the Town.

But as we have found out with the Corona Virus, there are some things we just can't plan for. I am not sure how things will develop by the time you read this, but the Council is heeding the advice of Government and the NHS and is taking all additional measures and precautions that it can to minimise the impact on our users and staff. The situation is so fluid that we are reviewing our Action Plan at least daily, which includes deeper and more regular cleaning of our facilities, availability of hand sanitizer, notices to promote self-care and protection and passing on the available official advice.

I have also become involved with so many charities, other groups and organisations and I never cease to be amazed at how much time and hard work people are prepared to put in. The variety of activities and support available is truly remarkable. And then there's the variety of entertainment available and this only comes about by the hard work of staff, Councillors and volunteers behind the scenes.

On the 14th March, I attended the wrestling event at Community House, and it was a spectacular and fun evening. I used to watch wrestling with my Nan on the TV when I was a young lad, but I'd never seen it live. So, I urge you to look at the calendar of events that are available on your doorstep.

A reminder that applications are now being sought from local charities, local organisations, etc. for the first round of Council grants allocations which will take place in April/May. The Council's grants policy and an application form can be found on the Council's web site, or please ring the office and we will be happy to send them to you.

## OFFICIAL NOTICE - CORONAVIRUS UP-DATE

It is with deep regret that Peacehaven Town Council has made the hard decision, following Government and NHS guidelines and advice, to close Community House and the Information Office, for the foreseeable future.

All planned events will be put on hold until further notice. For those who have purchased tickets for the V E Day Celebration, this event has been postponed, please hold onto your tickets until we can re-schedule. The Summer Fair has been cancelled for this year.

All coffee mornings and markets are cancelled until further notice.

We are thinking of our residents at this very unusual time and need to consider their health so your support with this decision would be appreciated.

The following are the recommended procedures you should take, as advised by the NHS:



# CORONAVIRUS ADVICE

for current government advice please visit:

[www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)

## Maintain SOCIAL DISTANCING

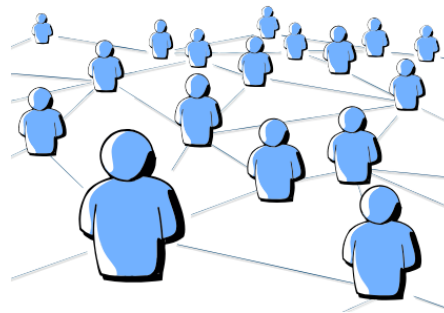


### Focus on your mental health

add extra time for daily stress relief

### Avoid excessive exposure to media coverage

Connect through  
calls/text/internet



## For quarantine/isolation

keep in touch with your loved ones via social media, texts and phone calls

Create a daily self-care routine

Keep yourself busy: games, books, movies

Focus on new relaxation techniques





HM Government

**NHS**

# Coronavirus

## Wash your hands more often for 20 seconds

Use soap and water or a hand sanitiser when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food



For more information and the Government's  
Action Plan go to [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

**CORONAVIRUS**

**PROTECT  
YOURSELF  
& OTHERS**



## From the MP Lloyd Russell-Moyle



It was fantastic to welcome young people from across Sussex to Westminster for the East Sussex Democracy Awards ceremony in March.

More than 60 pupils and staff from schools across the country were able to attend, and a total of 20 schools and one youth voice group were given awards to mark how involved their schools have been in electing pupils to the new East Sussex Youth Cabinet.

The new East Sussex Youth Cabinet is a fantastic way for young people to get involved in public life, and it was great to see so many young people wanting to get involved in student politics, it was also great to meet with school staff who are so passionate about teaching democracy.

I look forward to working with the new East Sussex Youth Cabinet in the future on the issues that matter to them.

Congratulations again to all involved!"

## Howard Park Public Consultation



Peacehaven Town Council is undertaking a public consultation about the future of Howard Peace Park to find out what you like & dislike and how you would like to see it improved.

A survey form to help gather your views is available by email or on paper from the Information Office, Community House, Meridian Centre and we would be very grateful if you can complete it and return it to Peacehaven Town Council.

You can also complete this survey online at: <https://www.surveymonkey.co.uk/r/D5PB3DD>

Paper copies of the survey are available in the information office, Community House, Meridian Centre

A report containing the results and future plans for the park will be published later this year. If you would like to get in touch directly, please call me on 07973 864340.

## APPLY FOR COUNCIL GRANT FUNDING

Applications are now being sought from local charities, local organisations, etc. for the first round of Council grants allocations which will take place in April/May.

The Council's grants policy and an application form can be found on the Council's web site, or please ring the office and we will be happy to send them to you. Closing date is Friday 17th April.

[www.peacehaventowncouncil.gov.uk/grants-application.../](http://www.peacehaventowncouncil.gov.uk/grants-application.../)



The logo for Legal Eagle features a stylized orange eagle with its wings spread, perched on a green banner that contains the text "Legal Eagle".

## Legal Eagle

With Lawson Lewis Blakers

### **RANGE OF SERVICES**

We are pleased to be able to offer a full service from our office at Peacehaven. This includes advice and representation on the following:-

Residential conveyancing  
Wills, Lasting Powers of Attorney  
Probate – including contested estates  
Family law – to include divorce and child law  
Property law disputes  
Motoring law

Our team of lawyers based at our offices in Peacehaven are supported by lawyers from our other offices.

Appointments can be made for the Peacehaven office.

We are able to undertake some services for fixed fees and we will always offer a written fee estimates.

Our website – [www.lawsonlewisblakers.co.uk](http://www.lawsonlewisblakers.co.uk) offers hundreds of free factsheets on many legal issues.

Telephone 01273 582680 or e-mail: [mary.irving@lawsonlewisblakers.co.uk](mailto:mary.irving@lawsonlewisblakers.co.uk)

## **MERIDIAN EVENING WI**

All you need to know about the THREE P's.

Our last meeting was not what we'd expected, as the speaker who was booked let us down at the last minute, instead we thoroughly enjoyed hearing from Dan and Tim, Customer Engagement Officers from Southern Water. They stepped in at very short notice, to give us an informative, in places shocking, talk about the project they are involved in, which aims to educate people about reducing blockages in and helping keep our sewage systems clear.

We were shown several video clips covering the history of how human waste was "dealt" with in the past and the gradual development into the sophisticated system that is now employed. The most used culprit being wet wipes of all descriptions. The basic message to all of us is that the only things that should be put down the loo are the "THREE P's" - pee, paper and poo!

Kitchen sinks deposits also cause troublesome problems to the system, particularly due to F.O.G – fats, oils and greases. Some ways of dealing with used fats were explained- wiping pans, including cake mixture bowls, with paper which is binned before washing up; pouring fat into a container and binning it when cooled and solid, putting excess gravy, out of date yoghurts and milk etc, in the bin not down the sink. This was a fascinating talk and would recommend them to any local group or organisations looking for interesting speakers.

Thank you to everyone who came and supported our coffee morning, with breakfasts proving hugely popular along with various other tasty treats and dishes. The Easter table with a fabulous hamper raffle prize was very well supported.

We're always ready to welcome and involve new members. If you are interested in joining you can contact us by email at [meridianeveningwi@outlook.com](mailto:meridianeveningwi@outlook.com) or just come to one of our meetings. These are held at Peacehaven Meridian Centre, in the Anzac Room, on the fourth Wednesday of the month, 7.15 pm for 7.30pm til 9.45pm, with regular speakers and activities. The speakers vary but are never allowed to speak for too long, while our activities have ranged from salsa dancing to cooking. There is a monthly competition, raffle, tea and coffee and plenty of chat. No singing is required or knowledge of jam making!

\*Please note due to the Covid-19 virus we will be following government guidelines regarding future meetings.

## FOOTBALL SEASON CUT SHORT

BY PITCHSIDE VIEW



WITH just six weeks left of the 2019/2020 campaign, Coronavirus as we all know has shut down all leisure activities and social interaction.

There's no question that in the light of what is happening this is the correct decision, but just look at what Peacehaven & Telscombe FC has achieved this season and be proud of your town's team.

At the time of the abandonment of the campaign Peacehaven were fifth in the league and by no means out of contention for a top two finish and promotion.

They reached the semi-final of the Peter Bentley Cup (The Southern Combination League's league Cup) which is still to be played.

They reached the semi-final of the Sussex Senior Cup – the premier cup competition in Sussex where they came so close to beating Eastbourne Borough who are three divisions above Peacehaven. The team narrowly went out 5-4 on penalties after Peacehaven missed a penalty in the 90th minute which would have seen them through to the final against Brighton & Hove Albion U23s at the Amex.

And they got to the final of the RUR Cup – the second most senior cup tournament in Sussex football and a competition they won last season, when they overcame AFC Uckfield 1-0 in the semi-final.

Frustrating? Of course, but in the great scheme of things, football has its place and right now the most important thing for everyone in our town is to stay fit and healthy, heed the advice and look forward to getting back to normal in a few months down the line. Football will be back.

You can hire the club's clubhouse from £150 by calling Sue Norwood on 07946 107041. Find out more and keep in touch with Peacehaven & Telscombe FC at [www.peacehavenfootball.com](http://www.peacehavenfootball.com) on Twitter, Facebook and Instagram.

Picture shows Peacehaven captain Reilly Grant in action against Eastbourne Borough.





## Town Councillors

### NORTH WARD

**Cllr. Dawn Paul**

Cllr.DawnPaul@peacehaventowncouncil.gov.uk

**Cllr. Emilia Simmons**

Cllr.EmiliaSimmons@peacehaventowncouncil.gov.uk

**Cllr. Sue Griffiths**

Cllr.SueGriffiths@peacehaventowncouncil.gov.uk

**Cllr. Lucy Symonds**

Cllr.LucyJoSymonds@peacehaventowncouncil.gov.uk

**Cllr. Wendy Veck**

Cllr.WendyVeck@peacehaventowncouncil.gov.uk

### EAST WARD

**Cllr. Catherine Gallagher**

Cllr.CathyGallagher@peacehaventowncouncil.gov.uk

**Cllr. Christopher Collier**

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**Cllr. Claude Cheta**

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**Cllr. Isobel Sharkey**

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**Cllr. Lynda Duhigg**

Cllr.lyndaduhigg@peacehaventowncouncil.gov.uk

### CENTRAL WARD

**Cllr. Alan Milliner**

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### WEST WARD

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**Cllr. David Seabrook**

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**Cllr. Gloria Hill**

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**Cllr. Lyn Mills**

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Telephone: 01273 585493

Email: info@peacehavencouncil.gov.uk



**Peacehaven Town Council**



**@PTCinformation**

If you are involved with a community group or organisation and would like to be featured in the next edition, send your stories and pictures to [marketingassistant@peacehaventowncouncil.gov.uk](mailto:marketingassistant@peacehaventowncouncil.gov.uk)

General Data Protection Regulations Personal information such as name, postal address, phone number and email address given to the council will be used only to provide a requested service, kept for as long as necessary to provide that service and will not be disclosed to any third party without your prior permission or unless we are required to do so by law.

Designed and edited by Matt Gunn **PTC**

E-News email service by **Madison Solutions**

[www.peacehaventowncouncil.gov.uk](http://www.peacehaventowncouncil.gov.uk)

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