

E-NEWS

No 44 July 2018



I'm ready for our
Summer Fair

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Making Peacehaven a better place to live, work and visit



Camera, action! Film crew's here

**By Claire Lacey,
Town Manager**

July is set to be a busy month with the launch of the important Call For Sites part of the Neighbourhood Development Plan. This will be issued on our website and in the media after the Leisure and Amenities Committee meets on Tuesday, July 3.

Agenda items for that meeting include promoting many new events.

Filming for a national TV production brings a high-profile cast. Last time we had filming in Peacehaven was for ITV in 2016, this is with the BBC. We welcome the Winnebago motor trailers which will be lining the car parks while the actors get into character.

Our Summer Fair on Saturday, July 14, and the British Heart Foundation

Off Road Bike Ride on Sunday, July 29, both in Centenary Park, will be closely followed on Sunday, August 5, by our first dog show. The event from 11am to 4pm is organised by Give A Dog A Home.

The new Cycle Hub is partly in situ at the front of the Gateway Cafe, soon to be converted into a teaching room. Residents of all ages will be able to find information about cycle proficiency training, disability-adapted bike hire and cycle routes across the Havens.

We were pleased to support John Carden with the Great Potato Challenge for schools and nurseries to grow the most spuds and will be continuing our work with them.

The Community Garden at The Oval is overflowing with colour and produce

and offering volunteer days and outings for residents who want to get out in the fresh air. Lewes District Council's Neighbourhood First team is supporting us with things that matter to residents, following up leads about people who do not stick within the law.

We are looking for volunteers to work with the police and Speedwatch, which has assessed roads around the town and will be launching its Slow Down On Our Streets campaign. Please contact me for more information.

We are investing in the Youth Group, soon to be relaunched at the council offices with sound engineering and music tech training for younger residents.

The town will also be visited by Paw Patrol, who will at our Summer Fair.

Summer Fair will be a day for all to enjoy

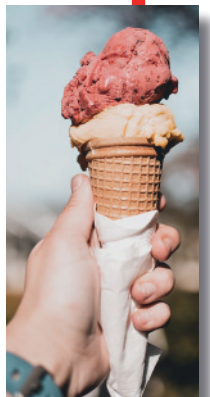
Everything is ready for this year's Summer Fair at Centenary Park in Piddinghoe Avenue on Saturday, July 14, from 11am to 4pm. The event is being supported by stalls and commercial stands as well as other exciting attractions including a skate festival, a car boot and a funfair. Wave Leisure and Sussex Community Development Association will be supporting the event.

The town council thanks all the sponsors and also the businesses who have given prizes for the tombola.

This year's programme will be distributed to homes in Peacehaven in the week commencing Monday, July 9. There is still time to book stalls and pitches but booking forms need to be completed and sent back to apprentice@peacehaven.town.council.gov.uk as soon as possible.

Money raised at the event will go to the Mayor's project to raise funds to buy equipment for the Anchor Health Centre.

● Watch out for a special edition of E-News later this month full of pictures from the fair.



House builder Barratt Homes is Peacehaven & Telscombe Football Club's new shirt sponsor. The company has agreed a one-year shirt sponsorship deal with the club.

Acting club chair Sue Norwood said: "I'm delighted. For our club to grow and thrive, it's important we secure sponsorship in key areas. We're looking forward to our association with Barratt Homes and hopefully developing this relationship as the new season progresses."

Lynnette St Quintin, sales and marketing director for Barratt Homes Southern Counties, said: "Our new homes developments create new communities and we are always happy to support local sports teams."





LEGAL EAGLE

with Lawson Lewis Blakers

Conveyancer service that's local

We are a legal practice with an experienced conveyancer, Lynn Parris, and her support team based in our Peacehaven office.

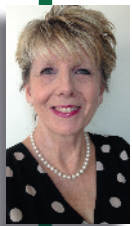
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- You can call in for face-to-face advice if you need guidance or

difficult issues arise on your transaction.

- You will not be treated as a number but will work with our Lynn and her team of assistants, ensuring continuity of service.
- You will have the security of dealing with a practice based in Sussex for more than 140 years and accredited by the Law Society under the Conveyancing Quality Scheme.

Our website
www.lawsonlewisblakers.co.uk offers free factsheets on many legal issues.
Telephone 01273 582680
or e-mail mary.irving@lawsonlewisblakers.co.uk



A women's soft ball cricket festival, one of hundreds across the country this summer, will be at Fort Road Recreation Ground in Newhaven on Sunday, July 15, from noon to 4pm. These festivals are aimed mainly at woman and girls who have not played cricket before but, of course, everyone will be welcome.

The organisers are inviting

teams, small groups and individuals to come and join the fun. Individual entrants will be made into teams on the day.

Soft ball cricket is about getting out and playing with maximum fun and minimum fuss.

No pads, no hard ball, no heavy bat, no head-scratching rules. It is a game for absolutely everybody, no

matter your skill level, fitness or age. Teams will be six to eight players with lots of quick games where everyone is involved.

People can turn up on the day but the organisers urge entrants to sign up in advance on www.ecb.co.uk/course-finder?counties=Sussex&calendars=Women&startDate=2018-05-08&endDate=2018-09-30&dateRange=

Get on your bike

July is a great month for cycling as the weather is typically warm and dry, winds are much lighter in strength and there is more daylight. Cycle Seahaven, a club set up by residents to promote cycling in Peacehaven, Newhaven and Seaford, organises rides varied in distance, terrain and cycling ability for on-road and off-road cyclists. Take a look at the rides calendar at www.cycleseahaven.org.uk/calendar

Each ride is graded to help you choose a suitable one. You do not have to be a member to try any ride. You can cycle on a maximum of three before joining the club.

Most of the 300-plus members choose to cycle off-road. Rides are for beginners and experienced cyclists and many go across the South Downs and through Friston Forest. Others prefer on-road rides and there are usually three each week, on Tuesday, Thursday and Sunday. Some come through Peacehaven.

Tuesday touring rides incorporate sections

of shorter, flatter routes aimed at those wanting to get back into cycling. Touring rides are not just about cycling — refreshment stops at cafes and tea gardens are a key part.

You need a roadworthy bicycle for any ride. Check out yours with Dr Bike, a group of enthusiasts from Cycle Seahaven who like to help people to use their bikes more.

Dr Bike has the skills and tools to do basic repairs and maintenance and is at Centenary Park on the third Saturday of each month from 10am to 12.15pm.



The town council's cinema will show *The Guernsey Literary And Potato Peel Pie Society* (12A) at the Meridian Centre on Wednesday, July 18, at 7.30pm. A book group is cover for residents breaking curfew during the Nazi occupation of the island during the Second World War.



Tea and chat 1

Seahaven Fibromyalgia, ME & CFS Support Group aims to reach out in friendship to those living with chronic pain. The group has more than 30 members and has set up a Facebook page and group messenger.

The group has started courses of warm-pool activity and yin yoga that also include chair exercises. Tai chi is a goal for later in the year or next year.

The group meets at Community House every second and fourth Tuesday of the month from noon to 2pm for tea and a chance to chat and make friends.

Tea and chat 2

Healthwatch East Sussex is holding a Chatty Afternoon with free tea and cake for people aged 60 and over at the cafe at the Meridian Centre on Wednesday, July 18, from 2pm to 4pm. It will be a chance to meet new people and talk to Healthwatch staff.

On the team



The town council has three new members of staff – trainee groundsman Anthony Chinnery, who has been named best practical student by Plumpton College, caretaker Des Baker and Business Administration Officer Heidi Cooper.

FROM THE MP



I had the pleasure of visiting the Meridian Centre on several more occasions than my regular surgeries in recent weeks for a range of events where I have been pleased to meet many residents, both to hear concerns and to have friendly conversations.

I think it is really important to be as visible as possible in the community and to have those conversations with people and for them to be able to approach their MP freely in a range of environments.

I was extended an invitation by Wendy Veck to pop along to the new Saturday-afternoon indoor market she has organised to take place regularly at the centre. The market was full of interesting stalls, it was a pleasure to see the centre busy at a time of the day when it usually quiets down and I look forward to going again to show my support.

I also popped in recently for a chat with volunteers, market shoppers and people sampling the tea and cakes run by Sussex Pet Rescue.

It was a particular pleasure to meet with a dementia group in the centre having a regular coffee morning. The carers were fantastic with the group and spirits were high. It was also good to see they had been brought to and from the centre by the CTLA services we must protect as they do provide so much to our communities.

Lloyd Russell-Moyle

MP for Brighton Kemptown and Peacehaven

●●●● The public may attend any council or committee meeting. Each meeting is normally held at the Meridian Centre and starts at 7.30pm unless stated.

July
3 Leisure and Amenities
10 Planning and Highways
24 Council

●●●● Peacehaven's councillors on Lewes District Council:
North ward: Andy Loraine, 01273 580919, and Elayne Merry, 01273 580732.
East ward: Nigel Enever, 01273 580399, and Jackie Harrison-Hicks, 01273 589430.
West ward: Dave Neave, 01273 586381, and Robert Robertson, 01273 517069.
Peacehaven's councillor on East Sussex County Council: Nigel Enever, 01273 580399. For some North ward residents the county councillor is Andy Smith, 01273 584483.

●●●● Peacehaven Horticultural Society will hold its summer show at the Meridian Centre on Saturday, August 11, from 10.30am to 1pm. Awards and auction of produce at 1pm. Schedules at £1 are available from the Information Office.

●●●● Bingo will be at the Meridian Centre on Friday, July 6, at 7pm.



A swarm in July... no need to panic

With the weather warming up you will see more bees on your flowers and shrubs. It is also the time when honey bees decide to swarm, maybe in your garden.

Do not panic is the advice from Ian White, who chairs Brighton and Lewes Beekeepers.

The thousands of bees that leave the colony with the old queen are usually perfectly content and not intent on stinging — they are full up with food and looking for a new home. The mass of flying bees will settle and rest on some convenient structure (for them, if not for you) such as a hedge, a

branch, the side of a wall. Depending on the time of day, they may fly off quite soon afterwards or camp there overnight.

If you have a swarm you want re-homed, a beekeeper will probably be able to remove it. Call 07999 987097. If you have a swarm of honey bees in your cavity walls, chimney or soffits it is unlikely a beekeeper will be able to take it away. You will have to seek professional advice. Ensure you get someone qualified and insured, said Mr White. For further information go to www.brightonlewesbeekeepers.co.uk/

Banking help

NatWest bank, which closed its Peacehaven branch last month, is partnering with the town council to provide an advice service on arranging and setting up internet banking.

Drop-in surgeries with Jacky Gill, NatWest community banker for East Sussex, have been arranged at the Meridian Centre for Tuesday, July 3, Tuesday, July 24, and Tuesday, July 31, from 10am to noon.



Free NHS health checks for East Sussex residents aged between 40 and 74 are being held at the

Meridian Centre on July 6 and August 24.

BMI, blood pressure and blood cholesterol will be checked and questions will be asked regarding exercise, diet and other indicators.

You can book by calling 0300 303 3624 or by emailing healthy@sussexcommunity.org.uk



Bladder campion, a rare wild flower, is growing in the Community Garden at The Oval. As good weather has continued many residents have been to see the garden and many have helped Gary Johnson and his Task Force team with the unusual and rare plants that grow there.

Other team members have been harvesting nettles and elderflower to produce beer and wine and are now looking at how they can allow more residents to access the garden.

Keeping traffic moving

As residents of a coastal town and with only an east-west access along the A259, do you wonder why the police have difficulty with traffic management in the event of a road accident, asks PCSO Chris Marchant.

"I guess the straightforward answer is that the roads are not big enough, too much traffic and no alternative routes. So when the police do arrive at a crash, keeping the traffic moving is at the forefront of our thought process. It is a balancing act between getting emergency vehicles to the scene and managing the forthcoming traffic mayhem."



He said this would always be worst at peak times, typically with a 30-minute wait for recovery.

"Thank you to all those who have experienced this wait and remained stoic and calm. Unfortunately, there are those who berate the police, thinking we are directly responsible for their delay.

"No one wants to crash and nobody wants to wait in a queue of traffic. But if you have to, remember the people at the front are doing their best."



ROAD SAFETY Education

Community Speedwatch Scheme

HELP REDUCE DEATH AND INJURY ON OUR ROADS

Community Speedwatch is looking for volunteers to help join your local Community Scheme, full training will be given for this role by Sussex Police. This is a vital role in helping to reduce anti-social driving and helping to prevent death and injury on our roads.

Community Speedwatch (CSW) is a national initiative where active members of local communities join with the support of the Police to monitor speeds of vehicles using speed detection devices.

Vehicles exceeding the speed limit are referred to the Police with the aim of educating drivers to reduce their speeds. In cases where education is blatantly ignored and evidence of repeat or excessive offences is collated (even across county borders), enforcement and prosecution follow.

To join please visit: www.communityspeedwatch.co.uk and go to the register tab, choose join an existing group, should you want further information or wish to discuss further please contact:

Steve O'Connell by email at stephen.oconnell@sussex.pnn.police.uk or call 101

CSW Online is working on behalf of the Police and communities to organise and coordinate CSW activity. Speeding is not just a local phenomenon - neither is Speedwatch.

Speeding continues to be a concern for many communities in both rural and urban environments. Therefore, Community Speedwatch is not restricted to villages and rural towns. Neighbourhood Policing Panels & Parish Councils have an important role to play in developing safer urban communities and the adoption of speedwatch schemes could assist them to more easily achieve their goals.

Volunteers receive appropriate training, and are supported by neighbourhood policing team (NPT) staff. The scheme aims to cater for the problem of real or perceived speed related offending, and through partnership with the community it is to be used in circumstances that are necessary, justifiable and proportionate in order to:

Reduce death and injury on the roads

Reduce the speed of vehicles to the speed limit

Increase public awareness of inappropriate speed

Improve the quality of life for local communities

Phone: 101 extn: 561330

Email:

stephen.oconnell@sussex.pnn.police.uk





Town councillors

NORTH WARD

Rachael Coles 07752 762477
cllr.rachaelcoles@peacehaventowncouncil.gov.uk

Ann Harrison 07505 585036
cllr.annharrison@peacehaventowncouncil.gov.uk

Andy Loraine 01273 580919
cllr.andyloraine@peacehaventowncouncil.gov.uk

Melvyn Simmons 01273 612639
cllr.melvynsimmons@peacehaventowncouncil.gov.uk

EAST WARD

Jackie Harrison-Hicks 01273 589430
cllr.jackieharrison-hicks@peacehaventowncouncil.gov.uk

Ron Maskell 01273 585819
cllr.ronmaskell@peacehaventowncouncil.gov.uk

Dave Neave 01273 586381
cllr.daveneave@peacehaventowncouncil.gov.uk

Andy Smith 01273 584483
cllr.andysmith@peacehaventowncouncil.gov.uk

WEST WARD

Wayne Botting 07804 921634
cllr.waynebotting@peacehaventowncouncil.gov.uk

Daryll Brindley 07734 694189
cllr.daryllbrindley@peacehaventowncouncil.gov.uk

Lynda Duhigg 01273 586163
cllr.lyndaduhigg@peacehaventowncouncil.gov.uk

Job Harris 01273 583050
cllr.jobharris@peacehaventowncouncil.gov.uk

Robert Robertson 01273 517069
cllr.robberobertson@peacehaventowncouncil.gov.uk

Contact us

Town Manager: Claire Lacey

townmanager@peacehaventowncouncil.gov.uk

Civic & Marketing Officer: Deborah Donovan

civicanmarketing@peacehaventowncouncil.gov.uk

Offices:

Town Council Office and Information Office
Meridian Way, Peacehaven, East Sussex BN10 8BB

Telephone: 01273 585493

Email: info@peacehaventowncouncil.gov.uk

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E-News email service by [Madison Solutions](#)

E-News is the online and non-political community magazine produced by Peacehaven Town Council every month. It carries details about your council, activities in the town and listings of future events.

E-News does not take a political stance and endeavours to take into consideration all the views of the population of Peacehaven.

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If you are involved with a community group or organisation and would like to be featured in the next edition, send your stories and pictures to Deborah Donovan at civicanmarketing@peacehaventowncouncil.gov.uk

To get E-News emailed directly to you every month log on to www.peacehaventowncouncil.gov.uk and follow the link.