

# E-NEWS

No 42 May 2018



Picture: Harley Bray

## Beach boy

**Sunny wins our community  
volunteer award — Page 2**

*Making Peacehaven a better place to live, work and visit*





## Tidied up – thanks to Sunny

An eight-year-old boy who does his bit to keep the beaches where he plays tidy is the first winner of the Mayor's Community Award for Volunteering. Sunny Dunwell, who asked for a litter-picker for his birthday, received his trophies at Mayor Cllr Brian Gosling's Civic Reception.

Sunny's father Ben is a fisherman and Sunny, a big seafood lover, was inspired by him to help keep plastics and waste out of the food chain. Everything collected is sorted and recycled where possible.

Mr Dunwell said: "As a family we are inspired by Sunny and all working towards a plastic-free lifestyle."

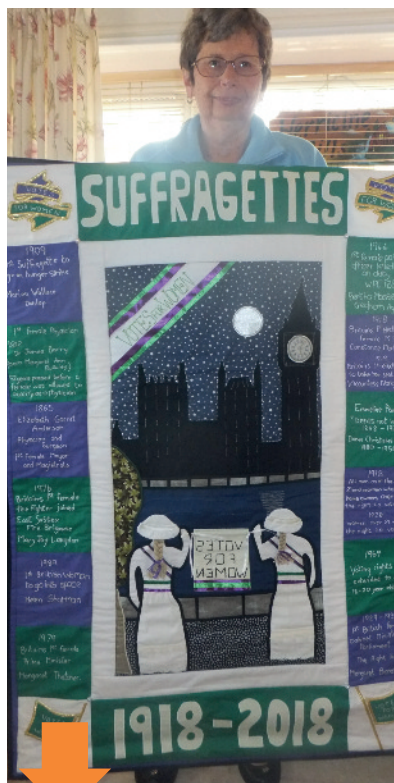
Mr Dunwell is a volunteer coastguard at Newhaven and Sunny, who goes to Peacehaven Heights Primary School, wanted to help the community too.

He said: "With the help of my mum I am able to do things I love. She helps me carry all the rubbish and drives me to the beaches so I can tidy them. I am proud and happy to get this award."

Two other community volunteers were awarded joint second place. They are Vivienne Petts, whose front room is dedicated to selling items to raise funds for the RNLI, and Tara Moore, nominated by Sussex Community Development Association, who runs a sit-down exercise class.

Cllr Gosling said: "I hope future Mayors will continue this award as many residents often go unappreciated."

● Our Page One picture shows Sunny receiving his award from Cllr Gosling. Sharing the moment are his parents Ben and Emma.



A quilt that commemorates the suffragette movement and the centenary of some women getting the vote was presented to the town at Mayor Cllr Brian Gosling's Civic Reception.

It was commissioned by his wife Sandra and made by the Happy Quilters group, which meets monthly at Community House.

At the reception Mrs Gosling said: "I am sure you will all agree this collage is a unique commemoration. All the women here tonight will appreciate the hard work that has gone into making such a beautiful piece."

## Showtime

The town council's cinema will show The Greatest Showman (PG) at the Meridian Centre on Wednesday, May 23, at 7.30pm. Musical biopic inspired by larger-than-life American P. T. Barnum and his celebrated circus — the birth of showbusiness.

**B**uy discounted clothes from top high-street brands at the Mayor's Fashion Show at the Meridian Centre on Friday, June 22. Doors open at 7pm.

Tickets are £6 each from the Information Office to include a complimentary glass of wine or a soft drink on admission. The event will raise money for the Mayor's chosen charities.



The public may attend any council or committee meeting. Each meeting is normally held at the Meridian Centre and starts at 7.30pm unless stated.

### May

- 1 Planning and Highways
- 15 Annual council
- 22 Planning and Highways
- 29 Leisure and Amenities



Peacehaven's councillors on Lewes District Council:

**North ward:** Andy Loraine, 01273 580919, and Elayne Merry, 01273 580732.

**East ward:** Nigel Enever, 01273 580399, and Jackie Harrison-Hicks, 01273 589430.

**West ward:** Dave Neave, 01273 586381, and Robert Robertson, 01273 517069.

Peacehaven's councillor on East Sussex County Council: Nigel Enever, 01273 580399. For some North ward residents the county councillor is Andy Smith, 01273 584483.



Lewes District Council will be carrying out maintenance work on its car parks this month.

Parking will be suspended for short periods for the repainting of bay lines. Advance notice will be given. The car park at Roderick Avenue (North) will be closed on Tuesday, May 22, from 7am.



**LEGAL  
EAGLE**  
with Lawson Lewis Blakers

## So, are you a client or a commodity?

Historically, solicitors' firms have attracted their clients by word of mouth. Thirty years ago they were not allowed to advertise but the world has moved on.

However, did you know some solicitors now attract clients by paying "referral fees" of hundreds of pounds for each instruction? These payments are made to introducers such as estate agents, financial advisers and claims companies.

If you think about this — you are being treated as a tradable commodity! The implications for you are:

- Can you rely on "recommendations" from estate agents — are they based on merit or a referral fee?
- Who is paying the referral fee? The likely answer is that this will be passed on to you.

We are local. We do not pay referral fees. We would be pleased to provide you with a fee estimate and we will not treat you like a commodity.

Our website [www.lawsonlewisblakers.co.uk](http://www.lawsonlewisblakers.co.uk) offers hundreds of free factsheets on many legal issues.  
Telephone 01273 582680  
or email [mary.iving@lawsonlewisblakers.co.uk](mailto:mary.iving@lawsonlewisblakers.co.uk)



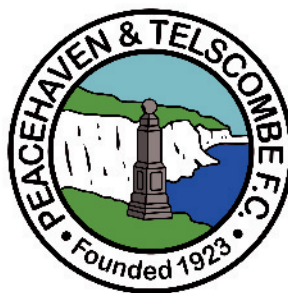
Top spot: The Under-12 side won their league

# Champion! Haven end on a high note

Peacehaven and Telscombe Under-21s are in a football cup final. This season is the first time the club has competed at this level and, against all predictions, the team made it to the final of the county Under-21 Challenge Cup.

In the final, which was due to be played at Newhaven FC's ground on Tuesday, May 1, they were meeting local rivals Saltdean Utd.

The youngsters have played brilliantly all season and this final appearance is a well-deserved reward for the hard work the team and the coaches have put in. And with their league extended to May 10 because of postponements they also have an outside chance of winning the league. Not to be outdone, the club's Under-12



team won their league with two games to spare.

The target for the first team was to finish higher

than last season's 14th place and they were on course to finish sixth or seventh.

The future is looking brighter for the club. All the historical debt has now been paid and the club is trading well.

But with any football club there is always the next investment. New floodlights and a new clubhouse and changing rooms are now needed.

Find out more about the club at [www.peacehavenfc.co.uk](http://www.peacehavenfc.co.uk)



**Free NHS health checks for East Sussex residents aged between 40 and 74 are being held at the Meridian Centre on May 4, June 15, July 6 and August 24. BMI, blood pressure and blood cholesterol will be checked and questions will be asked regarding exercise, diet and other lifestyle indicators. Book by calling 0300 303 3624 or by emailing [healthy@sussexcommunity.org.uk](mailto:healthy@sussexcommunity.org.uk)**





## Businesses urged to sponsor fair

Businesses have the opportunity to sponsor the town's biggest event of the year. They are being asked to sign up to be a sponsor of Peacehaven Summer Fair.

The fair, an associated car boot sale and the Zero Degrees skate festival will be at Centenary Park on Saturday, July 14. Call 01273 585493 or email Deborah Donovan at [civicanmarketing@peacehaventowncouncil.gov.uk](mailto:civicanmarketing@peacehaventowncouncil.gov.uk)

## Caretaker wanted

The town council is looking for a full-time caretaker to start with immediate effect. The job is 38 hours a week/pro rata, rated Grade 15-17 at £17,972 to £18,672.

For more details call 01273 585493 or collect an application form from the Information Office. Interviews will take place on Wednesday, May 9. Previous applicants need not apply.

## FROM THE MP

I am delighted the public meeting I hosted in April at the Meridian Centre for women affected by the change to the state pension age was such a success and I want to extend a special thank-you to everyone who was able to attend, to the speakers and to the Meridian Centre and staff for having us.

I also want to thank the women who have shared with me their stories of how they have been impacted by state pensions. Many of these stories were sombre reading but they give me personal examples I can try to raise in Parliament.

In my last column I said the Second Reading of MP Carolyn Harris's bill on state pension inequality was set for April 27 but the sponsors of the bill have withdrawn it until the summer.

This is because a lot of bills scheduled for a Second Reading in recent weeks have failed to make it to a vote or even a debate due unfortunately to filibustering and time running out. In addition, if a bill fails to get

## Be a Good Neighbour

Are you a friendly person who can offer support to older people in your community?

Royal Voluntary Service has a Good Neighbour scheme in the Havens which is entirely managed and run by volunteers. Many elderly and housebound people live in Peacehaven and there is a clear need for more people who can pop in on a neighbour, offer a friendly face or be able to undertake small errands.

Seahaven Good Neighbours scheme is actively seeking volunteers. It has arranged a coffee and chat morning at Community House at the Meridian Centre on Tuesday, May 15, from 10am to noon. Come and have coffee and biscuits, meet current volunteers and find out more about possible roles.

Training will be provided and you will be reimbursed for out-of-pocket expenses.

If you cannot come on May 15 but want to know more about volunteering, contact coordinator Stefania Khan on 07398439858 or email her at [stefania.khan@royalvoluntaryservice.org.uk](mailto:stefania.khan@royalvoluntaryservice.org.uk)



read, debated or voted on when it is scheduled, it falls to the bottom of the queue for future attempts and usually never makes it to Parliament as a result.

Consequently, Carolyn and her sponsors have got the Second Reading rescheduled for the summer, when hopefully we have a better chance of the bill reaching a vote and I will be proud to vote for it.

The timing also gives us longer to raise awareness of this issue nationally and in the local community, and I would urge any women affected who were not able to attend the meeting to get in touch with my office so I can keep you informed of my parliamentary activities on the WASPI (Women Against State Pension Inequality) issue.

*Lloyd Russell-Moyle*

MP for Brighton Kemptown  
and Peacehaven

## Review garden security

If you have a garden, you probably have a shed or even an outhouse. How safe is it? Probably you keep in it valuable items like hand and electric tools, mowers, hedge cutters and strimmers.

Do you have an adequate padlock or security lighting? Have you marked your items with your postcode?

All of these can act as a deterrent to thieves and now we are well into spring it is time to review your garden security, said PCSO Chris Marchant.



He said: "It's imperative to do what you can to prevent your outbuildings being targeted. It would make sense to move your more valuable items to somewhere more secure if that's practical."

"I do have special pens that I could mark your property with if that would help."

"Please remember, we live in a low-crime area and these thefts are rare but they do occasionally happen. So please think how best to protect your property."

"If you wish to contact me for further advice or to get your postcode on your mower and other tools, you can contact me by email at [christopher.marchant@sussex.pnn.police.uk](mailto:christopher.marchant@sussex.pnn.police.uk)"



## Tour de Sussex

**Start cycling for fitness, friendship and fun**

Cycle Seahaven organises three "touring rides" each week. The rides on Tuesdays, Thursdays and Sundays usually clock up at least 100 miles

They now incorporate sections of shorter, flatter routes for people wanting to get back into cycling or people who want a less strenuous ride. It is called Easy Touring and the typical route distance is 11 miles.

Cycle Seahaven's touring rides are not just about the cycling; the refreshment stops are a key part of the rides. There are some

superb cafés in the nearby countryside, some being community-based cafés/shops run by volunteers.

Cycle Seahaven organises many other types of cycle ride, mountain biking as well as road cycling, for different levels of fitness and experience. You can find full details of all these rides on the rides calendar on the website [www.cycleseahaven.org.uk/calendar](http://www.cycleseahaven.org.uk/calendar)

You may have an old bike which you have not cycled on for many years. Then you need Dr Bike.

Dr Bike is a group of cycle enthusiasts from Cycle Seahaven who want to help people to use their bikes more. If you are not pedalling because of dodgy brakes, stiff gears, rattles, creaks or soft tyres, then bring your poorly cycle to the Cycle Seahaven Dr Bike surgery.

Dr Bike does not offer a fully equipped bike repair shop but it has the skills, tools and enthusiasm to carry out basic repairs and maintenance. It can be found at Centenary Park on the third Saturday of each month from 10am to 12.15pm.



Tea break: Cafe stops are a key part of the rides

## They want your views

Healthwatch East Sussex is holding a programme of public engagement in Peacehaven and Newhaven from June 11 to 25 to capture people's views about health and care services and their experiences of using them.

The two-week activity programme includes:

- Here to Listen sessions with pop-up stands in community locations.
- Walking the Patch with HWES volunteers, staff and partners to engage with people whose voices are seldom heard.
- Enter and View with HWES-authorised representatives visiting health and care services to collect views and experiences.

All this will identify areas for improvement and share areas of best practice. Details of the programme can be found at the website [www.healthwatcheastsussex.co.uk/havenslisteningtour](http://www.healthwatcheastsussex.co.uk/havenslisteningtour)

You can also email [enquiries@healthwatcheastsussex.co.uk](mailto:enquiries@healthwatcheastsussex.co.uk) or call HWES on 0333 101 4007.

Planning a holiday and struggling to find travel insurance at a reasonable price? How can you be sure it is legitimate and not a scam?

Insurance is a financial product and the seller must be registered with the Financial Conduct Authority. Check the seller is listed on the financial watchdog's register, which can be viewed on its website.

If the seller is not named, take your business to a different provider as the seller will not be legitimate. If listed, it is still worth doing further checks.

## SOUND ADVICE

citizens advice

Compare the price of the insurance deal with similar offers from competitors. Big discounts can often be a sign of a scam but it could also be the policy is cheap because it does not provide adequate cover.

Ask for a copy of the full policy so you can check it against where you

are going and what you are doing. If the seller will not provide one or says it will only give it to you it after you have paid, do not give it your business.

Once you know the seller is legitimate use a secure payment method to pay for the insurance. Do not pay with a bank transfer.

For further advice contact your local Citizens Advice on 03444 111 444 or find drop-in details of opening times on the website [www.lewesdistrictcab.org.uk](http://www.lewesdistrictcab.org.uk)



## Town councillors

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E-News does not take a political stance and endeavours to take into consideration all the views of the population of Peacehaven.

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The editorial views and content are not necessarily those of the town council.

If you are involved with a community group or organisation and would like to be featured in the next edition, send your stories and pictures to Deborah Donovan at [civicandmarketing@peacehaventowncouncil.gov.uk](mailto:civicandmarketing@peacehaventowncouncil.gov.uk)

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